

Elmdale, Upsala and St. Francis: Mary & the Saints ACC



Saint Edward
Saint Mary
Saint Francis of Assisi



Pastor:

Fr. Sebastian Painappillil VC
(320) 573-2975

Parish Office: St. Mary's Church
308 S. Main Street P.O. Box 249
Upsala, MN 56384
(320) 573-2132

Email: 238catholic@sytekcom.com

Website: 238catholic.org

Bookkeeper: Randi Klasen

Tuesday & Thursday 8 a.m. - Noon

Secretary: Jessie Johnson

Monday & Friday 8 a.m. - 4 p.m.

Wednesday: 8 a.m. - Noon

Reconciliation: Confessions are 1/2
before all Masses. See Mass
Schedule.

Prayer Lines:

SM: Karen Liebsch 573-4127

Kathy Koehn 573-2363

SE: Judy Theisen 573-2933

Joyce Koopmeiners 573-2728

SE: Sally Schleper 573-2127

Sick & Homebound Ministry:

Contact the Parish Office if you need
Holy Communion or Anointing for
you or a loved one.

Marriage: Couples need to begin
preparations with our pastor nine
months in advance.

Baptism & Marriage: Contact the
office before setting a date.

St. Teresa of Jesus-Feast Day, October 15th

"The surest way to determine whether one possesses the love of God is to see whether he or she loves his or her neighbor. These two loves are never separated. Rest assured, the more you progress in love of neighbor, the more your love of God will increase" ~St. Teresa of Jesus.
St. Teresa of Jesus-Pray for Us!

Plenary Indulgence

Did you know? In this 800th Jubilee year since the passing of St. Francis you can receive a Plenary Indulgence by visiting churches run by the Franciscans or **dedicated to St. Francis!**

The Anniversary: St. Francis passed away on October 3, 1226, at the Portiuncula in Assisi.

The Jubilee Year: Proclaimed by Pope Leo XIV, the Special Year of St. Francis runs from January 10, 2026, through January 10, 2027.

Focus: Spiritual renewal, peace, reconciliation, and care for creation. Requirements for the Indulgence

To receive the plenary indulgence, the faithful must meet standard conditions and perform specific acts:

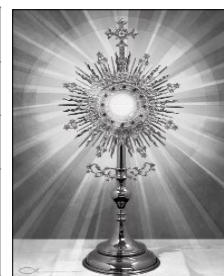
- Sacramental Confession: Receive confession.
- Holy Communion: Receive the Eucharist.
- Prayer for the Pope: Pray for the intentions of the Holy Father.
- Detachment from Sin: Have an interior detachment from all sin.
- Pilgrimage: Visit any church, chapel, or place of worship served by the Franciscan Family or dedicated to St. Francis.
- Devotions: During the visit, recite an Our Father, the Apostles' Creed, and specific invocations to St. Francis.

The sick and elderly who cannot travel may also obtain the indulgence by uniting their sufferings spiritually.

Ministry Schedule

Saturday 10/10		Twenty-Eighth Sunday in Ordinary Time
4:00 p.m. St. Edward	†Eugene Lashinski	EM of HC: Jackie Oldakowski, Jerry Theisen c, Volunteer c, Lector: Bill Boser, Servers: Jasmyn Oldakowski, Ushers: Gerard Oldakowski Jr. & Greg Larson, Greeters: Raymond Kokott, Gift Bearers: Steve & Kathy Blonigen
Sunday 10/11		
8:00 a.m. St. Francis	In Thanksgiving ~ MJ & G Boeckermann	EM of HC: Brittany Harren, Colleen Harren c, Mary Jane Boeckermann c, Lector: Jane Keppers, Servers: Emmalyn, Carter & Brayden Harren, Ushers: Allen Herzog & Leroy Pflueger, Gift Bearers: AJ & Pam Welle, Sacristan: Judy Theisen
10:00 a.m. St. Mary	For the People	EM of HC: LeAnn Beneke, Renee Scholz c, Cindy Koehn c, Lector: Kim Koehn, Servers: Anne Ripplinger & Emily Ripplinger, Ushers: Nathan Ripplinger & Matt Ripplinger, Greeters: Randy & Jane Tretter, Gift Bearers: Patrick & Lisa Zabinski, Bank Deposit: Nathan Ripplinger

Monday, 10/12	<i>Columbus Day/Indigenous Peoples Day</i>
6:30 p.m. St. Mary	Rosary & Chaplet of Divine Mercy (No Mass)
Tuesday, 10/13	
6:00 p.m. St. Mary *Anointing of the sick	†Deceased members of the Koehn Family
Wednesday, 10/14	<i>St. Callistus I, Pope & Martyr</i>
8:00 a.m. St. Francis *Anointing of the sick	Thanksgiving for Bob & Judy Theisen
Thursday, 10/15	<i>St. Teresa of Jesus, Virgin & Doctor of the Church</i>
8:00 a.m. St. Edward *Anointing of the sick	†George Opatz ~Carol Molus
Friday, 10/16	<i>St. Hedwig, Religious; St. Margaret Mary Alcouque, Virgin</i>
7:30 a.m. St. Mary	†Melvin Gerads



Adoration

2nd Tuesdays:

St. Francis 8am -7pm

Thursdays:

St. Mary's 12 noon - 9 pm

First Fridays:

St. Edward's 12 noon -9 pm

Pray for us: Pat Euteneuer, Roger Thell, Kristy Brezinka, Carol Langner, Judy Gerads, Millie Gerads, Marlene Vornbrock, Jim Koczur, Gary Larson, Helen Heisick, Kevin Lampert, Geraldine George, William Hill, Pat Harren, Devota Nilson, Rosemary Pundsack, Ron Schmidt, Dave Hollenkamp, Shailyn Welinski, Bob Blonigen, Eleanor Tschida, Ken Welle, Leonard & Eileen Koroll, Linda Strom, Andy Langner, & Christine Wuebkers

Saturday 10/17		The Twenty-Ninth Sunday in Ordinary Time
4:00 p.m. St. Edward	†Dennis Biniek	EM of HC: Derek Biniek, Jim Wensmann c, Julie Wensmann c, Lector: Tracey Hartung, Servers: Bethany Hartung & Jacob Hartung, Ushers: John Kokett & Raymond Kokett Gift Bearers: Brad & Crystal Hartung
Sunday 10/18		
8:00 a.m. St. Francis	†Frank Gerads	EM of HC: Syl Tschida, Janelle Roerick c, Rosanne Voss c, Lector: Barb Moorman, Servers: Evan Welle, Ushers: Allen Herzog & Leroy Pflueger Gift Bearers: Mike & Melissa Tschida, Sacristan: Syl Tschida
10:00 a.m. St. Mary	For the People	EM of HC: Chantelle Frie, Lisa Zabinski c, Mike Klasen c, Lector: Mary Hollenkamp, Servers: Riley Klasen & Wyatt Klasen, Ushers: Patrick Zabinski, Greeters: Jerome & Theresa Ludwig, Gift Bearers: Mikel & Julie Nelson, Bank Deposit: Mike Klasen

Ushers: Please note that we are recording the October Mass Counts for the Diocese. Please record the number of parishioners attending during the weekend Masses of October then at the end of October you can put them in the collection basket and the money counters will give it to the Parish Office. Thank you!

Religious Education

K-6: Beth Lange- bethlange83@gmail.com (320) 630-8390

7-10: Randi Klasen randiklasen@gmail.com (320) 493-5624

Confirmation: Bob Vouk 249-3398, Jenny Revermann 249-9938

Katie Urbanski: confirmation@tworiverscatholic.com.

Upcoming Class: Wednesday, October 14h

No class-MEA break

Children's Liturgy will resume starting on October 11th during the 10:00 am Mass at St. Mary's each Sunday. Children are invited back during the Liturgy of the Word to enjoy a child-friendly message related to the Mass readings. Children may also participate in planned games, crafts, or activities related to the week's message. No need to sign up, all children are welcome! Recommended for preschool and elementary aged children.

SAINTS FUN FACTS

SAINT TERESA OF AVILA

FRIENDSHIP WITH CHRIST • OCTOBER 15
A CATHOLIC ONLINE EDUCATIONAL SERIES FOR KIDS



THE STORY	FUN FACTS
Teresa entered the Carmelite Order and worked courageously to renew its life of prayer, simplicity, and faithful community.	Teresa was a joyful mystic, reformer, writer, and Doctor of the Church. She taught that prayer is friendship with Jesus.
YOUR FAITH MISSION	PRAYER
Spend five quiet minutes talking honestly with Jesus today. Listen in silence and trust that He is near.	Saint Teresa of Ávila, pray for us. Teach us to pray with confidence, persevere through difficulties, and remain close to Jesus. Amen.

Read the story: John 15:9-17 • Philippians 4:4-9 • Psalm 46

Visit: CatholicOnline-catholic.org/saints & angels

WEEKEND COLLECTION 10/4/2026

St. Edward: Adults: \$1,150, Loose: \$165, Funeral: \$10, World Mission: \$5, Fire Fund: \$215, **Total: \$1,545**

St. Francis: Adult: \$810, Loose: \$106, **Total: \$916**

St. Mary: Adults: \$2,051, Loose: \$228.70, World Mission: \$100, Catholic Charities: \$100, **Total: \$2,479.70**

St. Edward's News

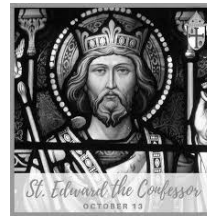
Congratulations



Anthony & Kaelee Boeckermann

Married October 10, 2026

St. Edward's, Elmdale



St. Edward,
Pray for Us!
Feast Day Oct. 13

St. Edward's Feast Day Celebration

On October 17th, after the 4:00 p.m. Mass, join us in celebrating the feast day of St. Edward.

There will be a potluck in the church basement. Bring a dish to share!

St. Francis' News

New Choir

Everyone is invited to sing in the choir. If only your spouse sings you can still sit in the choir loft together. Come on up to the choir loft before Mass or join us for a practice on Thursdays at 6:00 p.m. Marie (320) 845-4825.

Thank you, Thank you!

The bills have all been paid for our Fall Festival. Income was \$82,681.85, Expenses were: \$28,403.03, Net was: \$54,278.82.

The new equipment will be delivered this week. Thank you to everyone who made this year's festival a success!

St. Francis Cookbook!

St. Francis of Assisi Commemorative Cookbooks

A limited number of "Golden Jubilee" cookbooks, first printed in the 1960's by the St. Francis Sewing Circle, have been reprinted and a commemorative cookbook will be gifted to each parishioner.

Starting on Sunday, October 25, and continuing through Sunday, November 29, cookbooks will be handed out after mass to all St. Francis of Assisi parishioners only. A Wait List for all non-parishioners will be available to add names and telephone numbers. After Nov. 30th, non-parishioners will be able to purchase for \$15.



JOHN PAUL II Healing Center
Consecrated to the Heart of the Church

Join us in Bowlus!
Healing the *Whole Person*
THE 8-PART GROUP SERIES

Video Series by Dr. Bob Schuchts & Sr. Miriam James Heidland

COME EXPERIENCE
8 Talks | Community Reflections | Healing & Restoration

Join Fr. Greg Paffel at St. Stanislaus Church for this weekend retreat!

Scan the QR code to learn more about HWP

Scan the QR code to register

Please note: This is a licensed video series used with the permission of the JPH Healing Center. This is not a JPH Healing Center event.

Join Fr. Greg Paffel for the Healing the Whole Person Retreat

St. Stanislaus Kostka Church (428 Main Street, Bowlus) Friday, Oct. 23rd (2 p.m. to 9 p.m.), Saturday, Oct. 24th (9 a.m. to 3:30 p.m.) & Sunday, Oct. 25th (10 a.m. Mass until 4:30 p.m.) \$75 before Oct. 13th then \$100. To register email Janice or Kimberly: janice@healingstcloud.org, 640-7623,

“Trust God that you are exactly where you are meant to be.”
~ St. Teresa of Jesus

Turkey Bingo-St. Columbkille



Sunday, October 11th
1:00 p.m. Raffle to follow.
Raffle Tickets-\$2-available at the door. Door Prizes- Bake Sale-Refreshments. Come join us for a fun filled afternoon! Hosts: St. Columbkille Christian Women.



KNIGHTS OF COLUMBUS
St. Isidore Council # 9307, Holdingford
CHICKEN & HAM DINNER
PELICAN LAKE BALLROOM, St. Anna
Sunday, October 11th 3:30 -6:30 p.m.
Advance Tickets: \$15 at the door
Children ages 5-12 \$10. Under 4 Free.
TAKE OUT ORDERS AVAILABLE

October is Respect Life Month

Join thousands of Catholics praying a Respect Life Month novena on Thursday, October 22nd-Friday, October 30th. Get daily prayers, reflections, and more. Sign up at respective.org/celebrate.

Rosary Walk for Life

We will meet to pray the Rosary in front of and inside All Saints-St. Mary's Church in Holdingford on Tuesdays from 4-5 p.m. October 13th 20th and 27th. Join us!

Rosary & Chaplet of Divine Mercy

Every Monday at 6:30 p.m. at St. Mary's, Upsala to pray together

Rummage Sale at All Saints-St. Hedwigs

Oct. 15 & 16th: 7:30 a.m.-6:30 p.m.

Oct. 17th: 9:00 a.m. -2:00 p.m.

Oct. 18th: 9:00 a.m. to 12 noon.

Sponsored by the All Saints Christian Women/Rosary Sodality

Fall in love all over again by attending the October 17-18 Marriage Encounter. You have nothing to lose and everything to gain. Weekends are held at Mt. Olivet Retreat Center in Farmington, MN. Register at: www.marriages.org. A “perfect marriage” is simply two imperfect people who refuse to give up on each other!

K-YES Catholic Radio's Annual Benefit Social: Fri, October. 23rd

Join us at St. Boniface Church in Cold Spring at 7:00 p.m. to honor Andy Hilger's Legacy of Love with keynote speaker Brian Gibson. Light snacks and beverages will be provided before and after the program. Visit kyesradio.com/2026-benefit or call 257-9700.

Minnesota Citizens Concerned for Life (MCCL)

We will be holding our annual Fall Tour on October 27th at the Great River Regional Library (108 NE 3rd Street, Little Falls) at 7:00 p.m. this is a Pro-Life meeting to educate citizens on current trends, legislation and elections. Everyone is welcome.



ELEVATE
PREGNANCY & FAMILY RESOURCE CENTER
FORMERLY BIRTHLINE

55th Anniversary
55 Years of Impact...

Evening For Life
OCT. 29TH
— 5 PM —
@
Best Western Kelly Inn

SCAN QR CODE
or
visit onecau.se/2026efl
MUST PRE-REGISTER FOR TICKETS
by Oct. 20th

HONORING THE PAST ADVANCING THE FUTURE

“Let nothing disturb you nothing Let nothing frighten you. Though all all things pass, God does not change. Patience wins all things. But he lacks nothing who possesses God; for God alone Suffices.” ~ St. Teresa of Jesus