

Elmdale, Upsala and St. Francis: Mary & the Saints ACC



Saint Edward
Saint Mary
Saint Francis of Assisi



Pastor:

Fr. Sebastian Painappillil VC
(320) 573-2975

frpainappillil@yahoo.com

Parish Office: St. Mary's Church
308 S. Main Street P.O. Box 249
Upsala, MN 56384
(320) 573-2132

Email: 238catholic@sytekcom.com

Website: 238catholic.org

Bookkeeper: Randi Klasen
Tuesday & Thursday 8 a.m. - Noon

Secretary: Jessie Johnson
Monday & Friday 8 a.m. - 4 p.m.
Wednesday: 8 a.m. - Noon

Reconciliation: Confessions are 1/2
before all Masses. See Mass
Schedule.

Prayer Lines:

SM: Karen Liebsch 573-4127

Kathy Koehn 573-2363

SF: Judy Theisen 573-2933

Joyce Koopmeiners 573-2728

SE: Sally Schleper 573-2127

Sick & Homebound Ministry:

Contact the Parish Office if you need
Holy Communion or Anointing for
you or a loved one.

Marriage: Couples need to begin
preparations with our pastor nine
months in advance.

Baptism & Marriage: Contact the
office before setting a date.

100th World Mission Sunday: One in Christ, United in Mission The theme for this year, chosen by Pope Leo, connects us with the loving work of missionaries who are ministering and serving in other countries as well as those who are creating encounters and relationships for us with in our own diocese. www.stcloudmissionoffice.com

"The mission of the disciples and the Church as a whole is to continue the mission of Christ in the Holy Spirit: a mission born of love, lived in love, and leading to love. In face, the Lord himself, in his great prayer to the Father before his Passion, after invoking unity among his disciples, concludes: "so that the love with which you have loved me may be in them, and I in them" (Jn 17:26). Impelled by the love of Christ, the Apostles then went out to evangelize for Christ (cf. 2 For 5:14)."

~excerpt from Pope Leo's Message for World Mission Sunday/October 2026

Feast Day of St. John Paul II Pray for Us!

John Paul II was a prolific author and tireless preacher, always convinced that the human person is "the way of the Church" and that "the splendor of truth shines forth ... in a special way, in man, created in the image and likeness of God" (Veritatis Splendor 1). The Pope who had experienced two forms of totalitarianism firsthand was outspoken whenever he encountered any ideology that threatened the dignity of the human person, from dictatorships to Marxism to unbridled capitalism. The Solidarity movement in his own country drew strength from his words and example, which helped precipitate the fall of communism throughout Eastern Europe.

From the beginning of his pontificate, John Paul II sought to heal the divisions between the Christian churches, especially with his Orthodox brothers and sisters. He was convinced that the wound of division was contrary to the will of the Lord and weakened Christian witness.

~excerpts from vaticannews.va/St.John Paul II, Pope



St. Edward's Feast Day Celebration This Saturday, October 17th, after the 4:00 p.m. Mass, join us in celebrating the feast day of St. Edward. We are having a potluck supper in the church basement.

Ministry Schedule

Saturday 10/17		The Twenty-Ninth Sunday in Ordinary Time
4:00 p.m. St. Edward	†Dennis Biniek	EM of HC: Derek Biniek, Jim Wensmann c, Julie Wensmann c, Lector: Tracey Hartung, Servers: Bethany Hartung & Jacob Hartung, Ushers: John Kokett & Raymond Kokett Gift Bearers: Brad & Crystal Hartung
Sunday 10/18		
8:00 a.m. St. Francis	†Frank Gerads	EM of HC: Syl Tschida, Janelle Roerick c, Rosanne Voss c, Lector: Barb Moorman, Servers: Evan Welle, Ushers: Allen Herzog & Leroy Pflueger Gift Bearers: Mike & Melissa Tschida, Sacristan: Syl Tschida
10:00 a.m. St. Mary	For the People	EM of HC: Chantelle Frie, Lisa Zabinski c, Mike Klasen c, Lector: Mary Hollenkamp, Servers: Riley Klasen & Wyatt Klasen, Ushers: Patrick Zabinski, Greeters: Jerome & Theresa Ludwig, Gift Bearers: Mikel & Julie Nelson, Bank Deposit: Mike Klasen

Monday, 10/19	<i>Sts. John de brebeuf & Isaac Jogues, Priests, and Companions, Martyrs</i>
6:30 p.m. St. Mary	Rosary & Chaplet (No Mass)
Tuesday, 10/20	<i>St. Paul of the Cross, Priest</i>
6:00 p.m. St. Mary	† Julie Scegura
Wednesday, 10/21	
8:00 a.m. St. Francis	Living and deceased members of the Reinhard & Anne Gerads Family ~Roger & Jane Gerads
Thursday, 10/22	<i>St. John Paul II, Pope</i>
8:00 a.m. St. Edward	† Peter Molus
Friday, 10/23	<i>St. John of Capistrano, Priest</i>
7:30 a.m. St. Mary	All People involved in human trafficking



Adoration

2nd Tuesdays:

St. Francis 8am -7pm

Thursdays:

St. Mary's 12 noon - 9 pm

First Fridays:

St. Edward's 12 noon -9 pm

Pray for us: Pat Euteneuer, Roger Thell, Kristy Brezinka, Carol Langner, Judy Gerads, Millie Gerads, Marlene Vornbrock, Jim Koczur, Gary Larson, Helen Heisick, Kevin Lampert, Pat Harren, Geraldine George, William Hill, Devota Nilson, Rosemary Pundsack, Ron Schmidt, Ken Welle, Dave Hollenkamp, Shailyn Welinski, Bob Blonigen, Eleanor Tschida, Leonard & Eileen Koroll, Linda Strom, Andy Langner, Christine Wuebkers & Alvina Bucheit

Saturday 10/24		Thirtieth Sunday in Ordinary Time
4:00 p.m. St. Edward	For the People	EM of HC: Karla Schneider, Jerry Theisen c, Jackie Oldakowski c, Lector: Jim Bartkowicz, Servers: Jasmyn Oldakowski, Ushers: Derek Biniek & Scott Biniek, Gift Bearers: Brian & Tracey Hartung
Sunday 10/25		
8:00 a.m. St. Francis	† Herbert, Florence & Marvin Lange	EM of HC: Joyce Koopmeiners, Brittany Harren c, Colleen Harren c, Lector: Mary Jane Boeckermann, Servers: Emmalyn, Carter & Brayden Harren, Ushers: Allen Herzog & Leroy Pflueger, Gift Bearers: Bob & Gail Wuebkers, Sacristan: Alice Westrich
10:00 a.m. St. Mary	† William Pohlmann ~ Patrick & Lisa Zabinski	EM of HC: Jon Leither, Cindy Koehn c, Renee Scholz c, Lector: Leonice Prokott, Servers: Alayna Weber & Lauryn Weber, Ushers: Darren Lange & Mitch Lange, Greeters: Walt & LeAnn Beneke, Gift Bearers: Elmer Frie & Mary Frie, Bank Deposit: Judy Michels

Ushers: Please note that we are recording the October Mass Counts for the Diocese. Please record the number of parishioners attending during the weekend Masses of October then at the end of October you can put them in the collection basket and the money counters will give it to the Parish Office. Thank you!

Religious Education

K-6: Beth Lange- bethlange83@gmail.com (320) 630-8390

7-10: Randi Klasen randiklasen@gmail.com (320) 493-5624

Confirmation: Bob Vouk 249-3398, Jenny Revermann 249-9938

Katie Urbanski: confirmation@tworiverscatholic.com.

Upcoming Class: Wednesday, October 21st

7:00 p.m. 7-10th grade class

Children's Liturgy

Each week, during the 10:00 am Mass at St. Mary's, children are invited back during the Liturgy of the Word to enjoy a child-friendly message related to the Mass readings. Children may also participate in planned games, crafts, or activities related to the week's message. No need to sign up, all children are welcome! Recommended for preschool and elementary aged children.

4 STEPS for EUCHARISTIC ADORATION

1 RECOGNIZE THE PRESENCE OF GOD
15 MINS Place yourself in the presence of Christ

2 THANKSGIVING
15 MINS Give thanks for all the blessings God has given you

3 PETITION
15 MINS Ask for the world, the people around you and your conversion

4 ATONEMENT
15 MINS Express your sorrow for the world's sins and yours

INFORMATION TAKEN FROM WWW.PJP2EA.ORG CatholicLink

The Eucharist is described in the Catechism as the “source and summit” of our faith. Finding time to go to Adoration can be difficult. But if you can make it happen, committing to regular Adoration with an open heart can have some surprising results. Some things that happen when you go to Adoration more often: You develop a sense of awe and wonder, you experience peace in other areas of your life, you begin to look outwardly, Grace enters your life, You realize how fortunate you are, you realize God has a sense of humor, you fall in love. Read more at Catholic-Link.org/ *Ruth Kennedy/10 Surprising Things That Happen When You Go to Adoration more often.*



Turkey Bingo-St. Mary, Upsala

Sunday, October 25th

Come join us for a fun filled evening starting at 4:00 p.m.

20 games for \$10. Black Out \$1/card

Lunch will be served!

Thank you to everyone who came and participated in the Public Square Rosary in the St. Mary's Parking lot.

St. Francis' News

St. Francis Commemorative Cookbook!

A limited number of “Golden Jubilee” cookbooks, first printed in the 1960's by the St. Francis Sewing Circle, have been reprinted and a commemorative cookbook will be gifted to each parishioner.

Starting on Sunday, October 25th, and continuing through Sunday, November 29th, cookbooks will be handed out after Mass to all St. Francis of Assisi parishioners only. A Wait List for all non-parishioners will be available to add names and telephone numbers.

Beginning November 30th, remaining cookbooks will be sold for \$15 to non-parishioners on the Wait List. Those on the list will receive a call and you'll be able to pick up and pay at the Parish Office.

New Choir

Everyone is invited to sing in the choir. If only your spouse sings you can still sit in the choir loft together. Come on up to the choir loft before Mass or join us for a practice on Thursdays at 6:00 p.m. Marie (320) 845-4825.

Thank you

to Gerald & Julie for the Autumn display by the altar and to Allen for watering the flowers in the cemetery all summer.

WEEKEND COLLECTION 10/11/2026

St. Edward: Adults: \$1,216, Loose: \$113, World Mission: \$185, **Total: \$1,514**

St. Francis: Adult: \$220, Loose: \$405, Votive: \$243.17, Mission: \$35, **Total: \$903.17**

St. Mary: Adults: \$1,281, Loose: \$263.45, World Mission: \$120, **Total: \$1,664.45**



Knights of Columbus
St. Gregory Council
Grand Knight: Jeff Czech

Save the date:

Next Meetings: Nov. 10th and Dec. 1st at St. Edward's, Elmdale at 7:30 p.m.

Knights Mass of Remembrance:
Wed, Dec. 2nd, 8 a.m. St. Stanislaus, Bowlus.

Knights Family Christmas Pot-Luck
following the 10 a.m. Mass at St. Mary's, Upsala on Dec. 6th.

Quotes by St. John Paul II **To Teenagers**

"Jesus, Son of God, in whom the fullness of the Divinity dwells, You call all the baptized to "put out into the deep", taking the path that leads to holiness. Waken in the hearts of young people the desire to be witnesses in the world of today to the power of your love. Fill them with your Spirit of fortitude and prudence, so that they may be able to discover the full truth about themselves and their own vocation." ~St. John Paul II

On Family Life

"To maintain a joyful family requires much from Both the parents and the children. Each member of the family has to become, in a special way, the servant of the others and share their burdens." ~ St. John Paul II

Join Fr. Greg Paffel for the Healing the Whole Person Retreat

St. Stanislaus Kostka Church (428 Main Street, Bowlus) Friday, Oct. 23rd (2 p.m. to 9 p.m.), Saturday, Oct. 24th (9 a.m. to 3:30 p.m.) & Sunday, Oct. 25th (10 a.m. Mass until 4:30 p.m.) \$75 before Oct. 13th then \$100. To register email Janice or Kimberly: janice@healingstcloud.org, 640-7623,

Jesus, I trust in you!

Upcoming Masses

Mass of Remembrance: Weekend of Oct. 31st/Nov.1st

Thanksgiving:

Wednesday, November 25th at 6:00 p.m., St. Mary, Upsala
Thursday, November 26th at 8:00 am. St. Edward, Elmdale

World Mission Sunday

Being a Christian is not primarily about practices or ideas; it is a life union with Christ, in which we share in his filial relationship with the Father in the Holy Spirit. It means abiding in Christ, like branches on the vine (cf. Jn15:4), immersed in the life of the Trinity. This union gives rise to mutual communion among believers and is the source of all missionary fruitfulness. Indeed, just as Saint John Paul II taught, "communion represents both the source and fruit of mission" (Apostolic Exhortation Christifideles Laici, 32). ~ excerpt Message from Pope Leo.

October is Respect Life Month

Join thousands of Catholics praying a Respect Life Month novena on Thursday, October 22nd-Friday, October 30th. Get daily prayers, reflections, and more. Sign up at respective.org/celebrate.

Rosary Walk for Life

We will meet to pray the Rosary in front of and inside All Saints-St. Mary's Church in Holdingford on Tuesdays from 4-5 p.m. October 20th and 27th. Join us!

West Central DCCW Meeting: Oct. 22nd

All women welcome to attend our next meeting at St. Martin Church, St. Martin. Schedule: 5:30 p.m. Registration and Silent Auction. 6:00 p.m. Prayer Service, followed by a light supper (\$6), meeting, and short program. The event will conclude with the Silent Auction and Door Prizes. Contact Teresa to register: (320) 247-2990..

K-YES Catholic Radio's Annual Benefit Social: Fri, October. 23rd

Join us at St. Boniface Church in Cold Spring at 7:00 p.m. to honor Andy Hilger's Legacy of Love with keynote speaker Brian Gibson. Light snacks and beverages will be provided before and after the program. Visit kyesradio.com/2026-benefit or call 257-9700.

ELEVATE
PREGNANCY & FAMILY RESOURCE CENTER
FORMERLY BIRTHLINE

55th Anniversary
55 Years of Impact...

Evening For Life
OCT. 29TH
— 5 PM —
@
Best Western Kelly Inn

SCAN QR CODE
or
visit onecau.se/2026efl
MUST PRE-REGISTER
FOR TICKETS
by Oct. 20th

HONORING THE PAST ADVANCING THE FUTURE