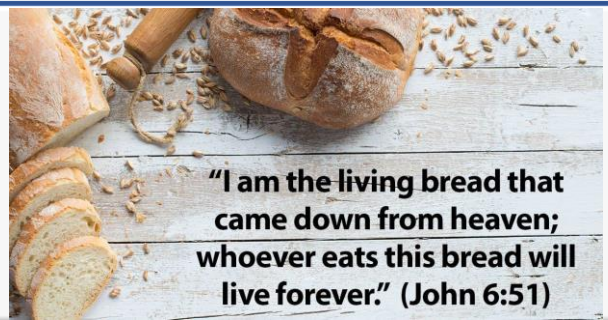


# The Catholic Churches of

St. Edward      St. Francis of Assisi      St. Mary  
Elmdale      St. Francis      Upsala



**"I am the living bread that  
came down from heaven;  
whoever eats this bread will  
live forever." (John 6:51)**

## 18<sup>th</sup> Sunday in Ordinary Time August 1, 2021

Pastor Fr. David Grundman 320-309-4174 (cell)  
email – [frdgrund@gmail.com](mailto:frdgrund@gmail.com)  
Sister Mary Pat Burger St. Francis Rectory 573-2203  
CENTRAL OFFICE PO Box 249 Upsala, MN 56384  
Phone # 320-573-2132  
FAX # 320-573-9133  
Central Office email: [238catholic@sytekcom.com](mailto:238catholic@sytekcom.com)  
Web site: [www.238catholic.org](http://www.238catholic.org)  
Diocesan web site: [www.stclouddiocese.org](http://www.stclouddiocese.org)  
Elevate (Birthline) Hotline: 1-800-786-0200  
St. Cloud Chancery: 320-251-2340

### RELIGIOUS EDUCATION

Chantelle Frie, Confirmation: 320-360-4796, [chantellefrie@gmail.com](mailto:chantellefrie@gmail.com)  
Reba Leither, Family Formation, Gr K - 6: [leitherreba@gmail.com](mailto:leitherreba@gmail.com)  
Tamara Lange, Gr. 7 - 10: 320-250-4688, [tlange44@yahoo.com](mailto:tlange44@yahoo.com)

### RECONCILIATION SCHEDULE

Saturday	St. Francis	7:15 – 7:45pm
Sunday	St. Edward	7:15 – 7:45am
	St. Mary	9:15 – 9:45am
Tuesday	St. Mary	5 – 5:45pm

### PRAYER LINE

Karen Liebsch (SM): 573-4127	Kathy Koehn (SM): 573-2363
Judy Theisen (SF): 573-2933	Joyce Koopmeiners (SF): 573-2728
Sally Schleper (SE): 573-2127	

### MINISTRY TO THE SICK & THOSE WHO CANNOT GET TO CHURCH

Holy Communion can be brought to you or a loved one at home, please contact the Central Office, 573-2132

Sacrament of Marriage: Couples need to begin preparations with Fr. David nine months in advance and must call him before setting a date.

Sacrament of Baptism: Contact the office before desired baptism date.

### Remember in prayer those in need of the Lord's healing and strength:

Raymond Kurowski, Ken Wielenberg, Don Maciej, Margaret Carlson, Brenda Wuebkers, Ron Dingman, Kristy Brezinka, Ramona Heurung, Arnold Scholz, Irene Lashinski, Robert Maciej, Cody Pappenfus, Frank & Doreen Gerads, Lorene Koopmeiners, Brayden Harren (SF, hospitalized with infection), Bruce Wolters (2<sup>nd</sup> & 3<sup>rd</sup> degree burns), Rodney Bartkovicz (SE, stage four cancer), Joe Fuchs (SF, recovery from 4-wheeler accident, test), family of +Bernadine Bartkovicz

### WEEKEND COLLECTIONS

St. Mary: Adult \$1,600; Loose \$114; NCYC Donation \$100; Online \$310 - **\$2,124.00**

St. Edward: Adult \$1,810; Loose \$76; Votive \$16.50; Online \$450 - **\$2,352.50**

St. Francis: Adult \$720; Loose \$115; Online \$210 - **\$1,045.00**

### Area Church Gatherings

#### Upsala Heritage Days: August 14

Come and enjoy the day: parade at 10:30am, food booths, beer garden, petting zoo, face painting, etc. Bingo from 11:30am-2pm, live music and dinner in the park, and fireworks at 10pm. Don't forget our own Cake Walk and youth food stand!

#### St. Francis of Assisi Parish Festival: August 22

Indoor Polka Mass at 10am. Famous chicken and ham dinner drawing people from all over, served indoors and outdoors, starting at 11am. Live music all day with LaVerne & The Starlites and the Slew Foot Family Band (the very same Becker Family who sings for our weekend Masses)! Events include food and beverage stands, silent auction, fried bread, bingo, country store, fancywork, cake walk and games for kids. Grand raffle — over 100 prizes with four top prizes of \$500 each — at 7:30pm!

<b>Upcoming Area Parish Festivals:</b>	St. Joseph Parish Bazaar, Pierz--August 1
	Albany Church Festival--August 8
	St. James Parish August Fest, Randall--August 8
	St. Rosa Parish Festival--September 5

## Mass & Devotions Schedule Aug. 3 - 8, 2021

Tuesday:	8/3	<i>Votive Mass for the Sick</i>
St. Mary	6:00pm	† Paul Ampe
		<i>*Anointing of the Sick*</i>
Wednesday:	8/4	<i>St. John Vianney Memorial</i>
St. Francis	8:00am	† Rich Boeckermann
		<i>*Anointing of the Sick*</i> - St. Francis Society
St. Mary	6:00pm	Cemetery Mass +Buried since 2019
Thursday:	8/5	<i>Votive Mass for the Sick</i>
St. Edward	8:00am	† Dennis Koroll
		<i>*Anointing of the Sick*</i>
Friday:	8/6	<i>Transfiguration of the Lord, Feast</i>
St. Mary	9:00am	† Irene Stern
		<i>*Anointing of the Sick*</i>
Saturday:	8/7	<i>18th Sunday in Ordinary Time</i>
St. Francis	8:00pm	People of the Parishes
Sunday:	8/8	
St. Edward	8:00am	† Roman Koroll
		- George & Karen Lashinski
St. Mary	10:00am	† Marie Atkinson

### Food Stand at Heritage Days: August 14

Thanks a million to Chad and Niki Koopmeiners from St Francis for running the Food Stand. All the proceeds go directly to the youth who will be attending NCYC in Indianapolis as well as to the Youth Group. Remember to bring your hearty appetites and support our young people! The stand will serve burgers, hotdogs, French fries, cheese curds, onion rings, nachos, beverages and ice cream treats from 11:30am-10pm in the park. **Some adult help is still needed** (1-5pm or 5-8pm). Call Chad if you can help! 320-293-7092

### Help Wanted

Our Churches of St Edward, St Francis of Assisi and St Mary with hours flexible are seeking: Full-time Office Manager (30 hrs/wk or Part-Time Secretary (20 hrs/wk) or Part-Time Bookkeeper (8-10 hrs/wk) with option of contracted/out-sourced or work in office.

The Church Office Manager is both Secretary and Bookkeeper position which is responsible for coordinating and executing the tasks to ensure the church office operates efficiently. Please see the website for details. [www.238catholic.org](http://www.238catholic.org)

The parish office is located in St. Mary's Church in Upsala.

**Temporary Summer Central Office Hours**  
Monday 9am-12noon, Thursday and Friday 9am-2pm.

### THREE SAINTS NEWS

#### First Friday Devotions

Join us this Friday as we pray the litany to the Sacred Heart of Jesus, confessions before Mass, sacrament of anointing of the sick and home visits afterward. Call Fr David if you would like him to bring holy communion and to be anointed with holy oil.

#### Volunteers needed to bring up gifts at Mass

Write your name(s) on the sheet at the gifts table as you enter Church. As the ushers near completion of taking up collection, simply go to the gifts table and they will help you.

#### Distribution of Holy Communion

"In talking with some other priests, I have decided to readjust how we distribute holy communion in our parishes. If you choose to receive communion on the tongue, go to either the lay minister or the priest. If either of us happen to touch the tongue, we will sanitize our hands before administering to the next person." Fr David

#### Mary and the Saints Parishes Meeting

"Keep our ACC Group in prayer [Alice Westrich & Matt Herzog (SF), Megan Wensmann & Peggy Frieler (SE) and Jim Koczur & Carol Langner (SM)] along with the Holdingford area as we meet this Wed. at 7pm in Upsala to work on bylaws for one Joint Pastoral Council which should be in place this fall. All parishes of the diocese are being asked to move in this direction. Finance Councils and Trustees will remain the same." Fr David

### Schedule for Cemetery Masses

Aug. 4 – St. Mary at 6pm

Bring your lawn chairs!

### THREE SAINTS NEWS continued

#### **Fr Virgil Helmin Helping Out: August 7-13**

Please extend thanks as he fills in for Fr David while on vacation up north with some friends. Fr Virgil will have all weekday and weekend Masses. If you need to reach him: 293-6220 (cell).

**Are you in need of a bicycle?** Helping Hands and our area churches have 17 bikes to give away ranging from 10" to 26," both girls and boys and a couple of adult bikes. We want to give you first chance before they are available at Heritage Days. Free will donation if that is your desire. Call the office or Fr David for more information.

#### **Helping Hands Guest Speaker: August 7-8**

Karen Kobylinski (SF) is our Helping Hands Board member with Heather Johnson (Word of Life), Sheila Nilson (Gethsemane) and Dennis Olson (Community Covenant Church). Karen will speak at Masses in St Francis and St Mary's. Please pray for her and the other board members who will speak at their churches. This will be for a few minutes at the end of Mass. Karen will be available after to answer questions.

#### **Helping Hands /Heritage Days Weekend: August 14-15**

Join us Saturday in Upsala for Heritage Days! Remember to join us for the weekend Masses. We will have a special offering (all loose collection) for our Helping Hands fund established many years ago by the Upsala Area Ministerial and the community to help minister to area families and individuals financially and practically in time of crisis or hardship. It is great see all our Christian Churches working together for this cause.

#### **Reception into Full Communion/Confirmation: August 15**

Join us for a beautiful celebration at our 10am Mass in St Mary's! Chad Poppenhagen has been working with Joe Koczur learning about the Catholic faith. His mother-in-law, Linda Burggraff, will be his Sponsor. He has chosen St Christopher for his confirmation name. No doubt his son + Ty will be interceding for his father that day! Faith Hartung's grandmother Peg Hartung will be her Confirmation Sponsor. Faith was unable to be confirmed with her class in April. She has chosen St Raphael the Archangel as her confirmation name. Please consider amidst your busy schedule to join us for this celebration! Stay afterwards for a few moments for coffee and rolls!

#### **Mass of Remembrance: Aug. 25, 7pm. St. Francis Xavier, Sartell**

Bishop Kettler will celebrate Mass to remember all those who have died due to COVID-19. All people of the diocese are welcome. If you would like to have a loved one remembered in name at this Mass, please call Aaron Carpenter in St Cloud (320) 255-9068.

#### **20th Annual Motorcycle Run: August 29**

Start with a 1:30pm tour of St. Mary Church, Melrose. Prayers at 2pm with a motorcycle blessing at 2:30pm. The run will leave at 2:45pm, rest at St. John Church in Swanville at 3:45pm, then head back to Melrose at 4:15pm for dinner at the American Legion at 5:30pm. For more information, contact Father Mitchell Bechtold at 320-247-4907. All donations go toward supporting seminarian education for the Diocese of St. Cloud.

### ST. FRANCIS' NEWS

#### **Sat., Aug. 7 – 8pm**

EM of HC: Rebecca Schmidt      Lector: Chad Koopmeiners  
Servers: Carter Roerick          Gift Bearers: Volunteers

#### **Annual Church Cleaning, Tues, Aug. 3 at 6pm**

Everyone is asked to help. If you can't make it at that time, there will be a list in the kitchen with things to do. Come when you can and mark what you've done.

#### **Festival Silent Auction**

Anyone interested in donating items, please let us know by Aug.15. If you would like to donate and not sure what, call us for ideas. Jane 232-3290, Rosanne 573-2068 Kathy 573-2509. Thank you.

#### **Finance Council Member Needed**

Craig Voss's term is up and we need someone to take this position. Please reach out to Craig, Colleen Harren or Mark MacArthur as they can speak about our quarterly meeting, etc.

### ST. EDWARD'S NEWS

#### **Sun., Aug. 8 – 8am**

EM of HC: Julie Wensmann      Lectors: Shari Biniek  
Greeter: Raymond Kokett      Servers: Isaac Harren  
Ushers: Jeron Wensmann & Jim Czeck  
Gift Bearers: Volunteers

#### **Finance Committee: July 20**

We heard of the cemetery plans (including ribboning) to take place this fall. Kitchen remodeling was addressed as we need to determine what we can afford at this time. Counter top replacement is around \$1500. We will have "St Edward's Day" on October 17, following 10am Mass (will switch Mass times with St Mary's). A Corner Group will be contacted to help organize. More information to come.

### ST. MARY'S NEWS

#### **Sun., Aug. 8 – 10am**

EM of HC: Chantelle Frie      Lector: Leonice Prokott  
Greeter: Randy & Jane Tretter  
Ushers: Brian Lange & Matt Ripplinger      Gift Bearers: Volunteers  
Servers: Lilli Leither  
Bank Deposit: Tom Kilian

#### **Heritage Days Cake Walk—Bakers and Volunteers Needed**

Everyone is asked to bring two items for the Cake Walk. Remember items may be out in the heat. Bring baked goods to the church kitchen on Aug. 13, or to the park by 10am Aug. 14. Call Mary Frie (573-2311) to volunteer.

#### **Cemetery Mass, this Wednesday, 6pm**

Join us for our final summer cemetery Mass of the year. Special graces flow when we pray in our cemeteries.

**Project for + Paul Ampe:** Is the Lord placing on your heart an interest in the possibility of placing "ribboning" throughout our cemetery? It would be great to have a subcommittee discuss this as a cemetery enhancement possibility. A few years back, Paul had thought perhaps our parish could place the cement bases for all headstones. Call Fr David or Rosie Harren 573-2552 if interested.

**Confessional Donations:** Thanks for the generous gifts so far of \$400 to help underwrite the \$1500 cost. Take a look at our confessional and let us know what you think.

### NOTES FROM FR. DAVID

When we come together this weekend, we receive the Lord – the Bread of life – in the Eucharist. He satisfies our hunger, be it material or spiritual. When we receive the Lord, in the Eucharist and into our hearts, He brings fullness, mission, God's grace, and the promise of everlasting life into our poor, imperfect, and needy human lives. He enables us to "put away the old self" and "put on the new self." Joined together with our brothers and sisters in faith, let us celebrate the generosity of our Lord. For three weekends, scripture readings will focus on the Most Holy Eucharist.

"Older people are not 'leftovers' to be discarded; rather, they continue to be precious nourishment for families, young people and communities" Pope Francis said in the homily for the Mass marking the first World Day for Grandparents and the Elderly last Sunday. "Let us ask ourselves, 'Have I visited my grandparents, my elderly relatives, the older people in my neighborhood? Have I listened to them? Have I spent time with them?'" the pope said. "Let us protect them, so that nothing of their lives and dreams may be lost. May we never regret that we were insufficiently attentive to those who loved us and gave us life." The world-wide celebration will be the 4<sup>th</sup> Sunday of July every year.

Our Diocese has a parish nurse program; I was blessed in my previous assignments to have a Parish Nurse involved in helping reach our shut-ins and elderly. I am trying to reach out and visit them, but there is no doubt that I am falling short in this ministry. This person would reach out to those in our communities in Nursing Homes and other facilities as well as people who still live in their homes. **Please join in prayer asking the Holy Spirit to come upon us as our parishes discern God's will in considering Parish Nurse Ministry at this time.** Pope Francis said in last Sunday's homily: "Grandparents and the elderly are not leftovers from life, scraps to be discarded...They are a precious source of nourishment."

We have much activity taking place between now and the start of the school year. From my vacation up north August 6-13, Guest Speaker August 7-8, Heritage Days August 14, Helping Hands weekend collection (August 14-15), August 15<sup>th</sup> Chad Poppenhagen (SM) becoming Catholic and Faith Hartung (SF) getting confirmed and then our Fall Festival in St Francis August 22. Please note that that was not a typo. As "our" churches continue to decline in membership, we need to see our three parishes as "ours" and not "yours" and "mine." Parishioners from St Edward's and St Mary's, please consider reaching out to St Francis (Bob Theisen 573-2933) or (Joyce Koopmeiners 573-2728) and volunteering some of your time for our Fall Festival on August 22.