

Elmdale, Upsala and St. Francis: Mary & the Saints ACC



Saint Edward
Saint Mary
Saint Francis of Assisi



Pastor: Fr. Sebastian
(320) 573-2975

Parish Office: St. Mary's Church
308 S. Main Street P.O. Box 249
Upsala, MN 56384
(320) 573-2132
Email: 238catholic@sytekcom.com
Website: 238catholic.org

Bookkeeper: Randi Klasen
Tuesday & Thursday 8 a.m. - Noon
Secretary: Jessie Johnson
Monday & Friday 8 a.m. - 4 p.m.
Wednesday: 8 a.m. - Noon

Reconciliation: Confessions are 1/2
before all Masses. See Mass
Schedule.

Prayer Lines:

SM: Karen Liebsch 573-4127
Kathy Koehn 573-2363
SE: Judy Theisen 573-2933
Joyce Koopmeiners 573-2728
SE: Sally Schleper 573-2127

Sick & Homebound Ministry:

Contact the Parish Office if you need
Holy Communion or Anointing for
you or a loved one.

Marriage: Couples need to begin
preparations with our pastor nine
months in advance.

Baptism & Marriage: Contact the
office before setting a date.

What Are Guardian Angels? God created guardian angels as spiritual beings, and he has assigned many of them to guard and guide his human disciples. Rooted in Sacred Scripture, the Catholic Church teaches that angels are spiritual creatures with intellect and will, and that guardian angels have a special divine mission.

The Catechism of the Catholic Church (CCC) adds, "From its beginning to death, human life is surrounded by their watchful care and intercession. . . . Already here on earth the Christian life shares by faith in the blessed company of angels and men united in God" (CCC 336). Belief in guardian angels is definitively taught by the Church.

The Feast of the Guardian Angels is celebrated every year on October 2.

Are Guardian Angels Biblical? Guardian angels appear in various parts of Scripture, such as in the Old Testament:

For he will give his angels charge of you to guard you in all your ways. On their hands they will bear you up, lest you dash your foot against a stone (Ps. 91:11-12).

In the New Testament, Hebrews 1:14 also teaches that these angels are "ministering spirits sent forth to serve, for the sake of those who are to obtain salvation."

Jesus teaches on guardian angels in Matthew 18:10, providing a warning for those who would lead children astray: "See that you do not despise one of these little ones; for I tell you that in heaven their angels always behold the face of my Father who is in heaven." This passage shows both their closeness to God and their care for human souls.

Why Do Catholics Pray to Their Guardian Angel? Catholics do not worship angels. Worship belongs to God alone. When we pray to our guardian angel, we ask for their intercession, just as we ask the saints to pray for us, as well as our friends of ours here on earth. If the prayer of a righteous man in this world "has great power in its effects" (Jas. 5:16), how much more the saints, i.e., "the spirits of just men made perfect" in heaven (Heb. 12:23), as well as our guardian angels, whom Jesus teaches "always behold the face of my Father who is in heaven"? (Matt. 18:10).

cdn.catholic.com~Angels and The Guardian Angel Prayer/Catholic Answers Guide

Ministry Schedule

Saturday 9/26		Twenty-Sixth Sunday in Ordinary Time
4:00 p.m. St. Edward	† Ron Czech ~Duane Harren	EM of HC: Karla Schneider, Jerry Theisen c, Derek Biniek c, Lector: Shari Biniek, Servers: Jasmyn Oldakowski, Ushers: Jim Wensmann & Justin Wensmann, Gift Bearers: Kris & Carrie Wensmann
Sunday 9/27		
8:00 a.m. St. Francis	For the People	EM of HC: Bob Thiesen, Brittany Harren c, Judy Theisen c, Lector: Mary Jane Boeckermann, Servers: Emmalyn, Carter & Brayden Harren , Ushers, Frank & Joyce Koopmeiners, Gift Bearers: Craig & Rosanne Voss, Sacristan: Jeanette Gerads
10:00 a.m. St. Mary	† Shirley Kadrowski	EM of HC: Renee Scholz, Lisa Zabinski c, Jon Leither c, Lector: Tom Kilian, Servers: Alayna Weber & Lauryn Weber, Ushers: Patrick Zabinski, Greeters: Randy & Jane Tretter, Gift Bearers: Mikel & Julie Nelson, Bank Deposit: Judy Michels

Monday, 9/28	<i>St. Wenceslaus, Martyr: St. Lawrence Ruiz & Companions, Martyrs</i>
6:30 p.m. St. Mary	Rosary & Chaplet of Divine Mercy (No Mass)
Tuesday, 9/29	<i>Sts. Michael, Gabriel & Raphael, Archangels</i>
6:00 p.m. St. Mary	† Alcuin & Loretta Rennekar, Doreen Gerads & Frank Gerads ~ Tom & Jeanette Gerads
Wednesday, 9/30	<i>St. Jerome, Priest & Doctor of the Church</i>
8:00 a.m. St. Francis	† Arnold Voss ~ St. Francis Men's Society
Thursday, 10/1	<i>St. Therese of the Child of Jesus, Virgin and Doctor of the Church</i>
11:00 a.m. St. Edward (funeral)	† Renee Wensmann
First Friday, 10/2	<i>The Holy Guardian Angels</i>
7:30 a.m. St. Mary	† Melvin Hartung



Adoration

2nd Tuesdays:

St. Francis 8am -7pm

Thursdays:

St. Mary's 12 noon - 9 pm

First Fridays:

St. Edward's 12 noon -9 pm

Pray for us: Pat Euteneuer, Roger Thell, Kristy Brezinka, Carol Langner, Judy Gerads, Millie Gerads, Marlene Vornbrock, Jim Koczur, Gary Larson, Helen Heisick, Geraldine George, Kevin Lampert, William Hill, Pat Harren, Devota Nilson, Rosemary Pundsack, Ron Schmidt, Dave Hollenkamp, Shailyn Welinski, Bob Blonigen, Eleanor Tschida, Ken Welle, Leonard & Eileen Koroll, Linda Strom Andy Langner, Christine Wuebkers, Jerry Pohlmann & Renee Wensmann

Saturday 10/3	First Saturday	The Twenty-Seventh Sunday in Ordinary Time
4:00 p.m. St. Edward	For the People	EM of HC: Julie Wensmann, Jim Wensmann c, Jim Bartkowicz c, Lector: Jeff Czech, Servers: Bethany Hartung & Jacob Hartung, Ushers: Jeron Wensmann & Jim Czeck, Greeters: Megan Wensmann, Gift Bearers: Kris & Robyn Bartkowicz
Sunday 10/4		Respect Life Sunday
8:00 a.m. St. Francis	† Melvin Pundsack	EM of HC: Bob Theisen, Alice Westrich c, Judy Theisen c, Lector: Jim Scholz, Servers: Evan Welle, Ushers: Allen Herzog & Leroy Pflueger, Gift Bearers: Allen & Diane Herzog, Sacristan: Bob Theisen
10:00 a.m. St. Mary	† Connie Harren	EM of HC: Lisa Zabinski, Mike Klasen c, Jon Leither c, Lector: Chantelle Frie, Servers: Lilli Leither, Ushers: Tom Kilian & Mary Frie, Greeters: Mikel & Julie Nelson, Gift Bearers: Jamie & Jenny Leners, Bank Deposit: Marvin Wensmann

Religious Education

K-6: Beth Lange- bethlange83@gmail.com (320) 630-8390

7-10: Randi Klasen randiklasen@gmail.com (320) 493-5624

Confirmation: Bob Vouk 249-3398, Jenny Revermann 249-9938

Katie Urbanski: confirmation@tworiverscatholic.com.

Upcoming Class: Wednesday, Sept. 23rd

K-6 grade: Home Lesson

7-10 grade: 7-8 p.m. St. Mary's

Conf: 6:15 p.m. All Saints-St. Mary's, Holdingford

Grow in your Faith along with our youth!

K-6 Faith Formation is in need of teachers! Please take this to prayer & if you're willing to help with the once a month class, or have questions, please reach out to Beth Lange (320) 630-8390. The curriculum is very well put together, easy to teach & Beth will help classrooms however she can! Thanks everyone!

St. Francis' News

Welcome to our new Music Director, Marie

St. Marie who begins today at this weekend Mass. Marie is also the Music Director for Immaculate Conception in St. Anna & St. Columbkille in St. Wendel. She has a vocal music degree from Salisbury State University in Maryland including semesters of organ, piano, and guitar. She is a mother of 6 and is an assistant teacher for eight grade religious education in Holdingford.

Do you enjoy singing in the shower? Then why not come up and sing in the choir at Sunday Mass? Everyone is invited to come and sing in the choir. Any age and even if you cannot make it every Sunday -think about it and watch the bulletin for possible practice dates. Come on up to the choir loft to meet Marie or contact her (320) 845-4825 to join.

Thank you to Karen Becker for all the beautiful music over the years. We appreciate you!

Coffee, Coffee Cake & Milk

The St. Francis Men's Society would like to invite everyone for coffee today after Mass to enjoy a treat and fellowship.

CUF/St.Francis Men's Society Meeting

Monday, September 28th at 8:00 p.m. in the church basement.

All are welcome to come if you are interested in joining.

Thank you!

Archangels The Feast Day of Saints Michael, Gabriel and

Raphael is on Tuesday, September 29th.

Saints Michael, Gabriel and Raphael, Pray For Us!

St. Edward's News

Wedding BANNS III



Anthony Boeckermann &

Kaelee Yourczek

October 10, 2026

St. Edward's, Elmdale

May Eternal Rest be granted to:



Renee Wensmann

Passed to Eternal Life: Sept. 24, 2026

Funeral: October 1, 2026

St. Edward, Elmdale

Please note: There will be no 8:00 a.m. Mass on Oct. 1st due to the funeral.

St. Mary's News

SACRAMENT OF BAPTISM



Claire Johanna Gregor

Daughter of Matthew & Bethany

September 27, 2026

St. Mary's Church

Public Square Rosary Crusade

What: The Holy Rosary, Where: St. Mary's, Upsala Parking Lot, When: October 10, 2026 at 12 Noon. Sponsored by America Needs Fatima, this event is for all to attend and pray together. We need our Blessed Mother's intercession especially today! americanneedsfatima.org/rosary-rally-central.

The St. Cloud Diocese 40 days for life

starts on Wednesday, September 23rd and goes to Sunday, November 1st. We will meet to pray the Rosary in front of and inside All Saints-St. Mary's Church in Holdingford on Tuesdays from 4-5 p.m. during those weeks. We start on Tuesday, September 29th and continue on October 6th, 13th 20th and 27th. Please join us when you can or pray along with us during that hour at home.

WEEKEND COLLECTION 9/13/2026

St. Edward: Adults: \$941, Loose: \$181, Catholic Campaign: \$65, **Total: \$1,187**

St. Francis: Adult: \$520, Loose: \$234, Catholic Campaign: \$25, **Total: \$779**

St. Mary: Adults: \$1,901, Loose: \$289, Rel. Ed. \$25, Catholic Campaign: \$155, **Total:**

\$2,370



Knights of Columbus
St. Gregory Council
Grand Knight: Jeff Czech

Next Meeting: Tuesday, October 6th at 8:00 p.m. in the St. Edward, Elmdale basement.



Angel of God,
my guardian
dear,
To whom God's
love commits
me here,
Ever this day, be
at my side,
To light, to
guard, to rule,
and guide.
Amen.

Catholic.com

<https://cdn.catholic.com/wp-content/uploads/Guardian-Angel-Prayer~catholic.com>

Elevate Pregnancy & Family Resource Center's 55th Anniversary

Celebrate an "Evening For Life" on October 29th at the Best Western Kelly Inn, St. Cloud at 5:00 p.m. Visit onecau.se/2026efl for tickets.

Your ways, O Lord, make known to me; teach me your paths, guide me in your truth and teach me, for you are God my savior. Ps 25:4-5

Suicide Healing & Remembrance Weekend-Sept. 26/27

Everyone is welcome to attend Mass at St. Mary's Cathedral, St. Cloud on Sept. 26th at 5:00 p.m. to remember those who have passed through suicide. Attendees will be invited to place a flower in a basket in remembrance of their loved one. Flowers will be provided.

The Stearns County Household Hazardous Waste

Clean up time? Bring your old paints fluorescent bulbs, garden chemicals, etc. on Wednesday September 30th from 10am to 5pm in the St. Francis Church parking lot. Please keep in mind the material we can accept at our mobile events is more limited than what we may accept at our Facility in Waite Park. For more information contact: Michael Rogers (320) 257-8607.

Andrew Dinner: October 1st Do you have young men in your parish grades 8-12 who have potential for a priestly calling? Fr. Doug would love to hear from you! This simple and powerful night consists of evening prayer and dinner with Bishop Neary while priests share their vocation stories. Young men find it very meaningful and special to have a night with the bishop and priests. Please contact Julie in the Vocations Office at julie.jacobs@gw.stcdio.org if you have any questions.

Corn Maze

Are you looking for a fun way to connect with your community? Join us on the future site of the new All Saints Catholic Church in Holdingford (Across from the Holdingford High School) for a Corn Maze. Suggested donation \$1. Dates: Sept. 26th & 27th, Oct. 3rd & 4th from 4-7:00 p.m. or on Wednesday, Sept. 30th from 4-6:00 p.m.

Upsala School Carnival: Sat. Oct. 3

There will be local food trucks, games, inflatables & a silent auction from 4-7:00 p.m. at the Upsala Elementary classrooms & parking lot. All are invited to attend and help raise money for an activities bus!

Pancake & Sausage Breakfast

sponsored by the All Saints Christian Women will be on Sunday, October 4th from 9 am. To 12:30 p.m. at All Saints-St. Mary's Church.

Worldwide Marriage Encounter, Oct. 10-11

Held at St. Mary's School in Alexandria, MN. For info or to apply: 507-227-8229 or visit www.wwme.org

Contact craig.barb.wetter@wwme.org or 507-227-8229 with questions or to register. The Marriage Encounter experience helps you listen, share, and connect more deeply. There's no group discussion. It's just about the two of you learning to be the best, most loving couple you can be.

Fall in love all over again by attending the October 17-18 Marriage Encounter. You have nothing to lose and everything to gain. Weekends are held at Mt. Olivet Retreat Center in Farmington, MN. Register at: www.marriages.org. A "perfect marriage" is simply two imperfect people who refuse to give up on each other!

Join Fr. Greg Paffel for the Healing the Whole Person Retreat

St. Stanislaus Kostka Church (428 Main Street, Bowls) Friday, Oct. 23rd (2 p.m. to 9 p.m.), Saturday, Oct. 24th (9 a.m. to 3:30 p.m.) & Sunday, Oct. 25th (10 a.m. Mass until 4:30 p.m.) \$75 before Oct. 13th then \$100. To register contact Janice: healing@spiritandsaints.org. (320) 640-7623.