

Elmdale, Upsala and St. Francis: Mary & the Saints ACC



Saint Edward
Saint Mary
Saint Francis of Assisi



Pastor: Fr. Sebastian
(320) 573-2975

Parish Office: St. Mary's Church
308 S. Main Street P.O. Box 249
Upsala, MN 56384
(320) 573-2132
Email: 238catholic@sytekcom.com
Website: 238catholic.org

Bookkeeper: Randi Klasen
Tuesday & Thursday 8 a.m. - Noon
Secretary: Jessie Johnson
Monday & Friday 8 a.m. - 4 p.m.
Wednesday: 8 a.m. - Noon

Reconciliation: Confessions are 1/2
before all Masses. See Mass
Schedule.

Prayer Lines:

SM: Karen Liebsch 573-4127
Kathy Koehn 573-2363
SF: Judy Theisen 573-2933
Joyce Koopmeiners 573-2728
SE: Sally Schleper 573-2127

Sick & Homebound Ministry:

Contact the Parish Office if you need
Holy Communion or Anointing for
you or a loved one.

Marriage: Couples need to begin
preparations with our pastor nine
months in advance.

Baptism & Marriage: Contact the
office before setting a date.

Fr. Sebastian Has Arrived!



Welcome Mass and Reception
at St. Edward's on Aug. 29th



Thank you to all who joined us in
welcoming Fr. Sebastian and
those who helped make this event
possible. Special thanks to Fr.
Jimmy, Fr. Joseph and Fr. Helmin
For celebrating with us.

The Twenty-Third Sunday in Ordinary Time

September 6, 2026

Ministry Schedule

Saturday 9/5		Twenty-Third Sunday in Ordinary Time	
4:00 p.m. St. Edward	† Don & Rita Wensmann	EM of HC: Julie Wensmann, Jim Wensmann c, Karla Schneider c, Lector: Jim Bartkowicz, Servers: Bethany Hartung & Jacob Hartung, Ushers: Derek Biniek & Scott Biniek, Greeters: Megan Wensmann, Gift Bearers: Pat & Kris Blonigen	
Sunday 9/6			
8:00 a.m. St. Francis	For the People	EM of HC: Mary Jane Boeckermann, Bob Theisen c, Judy Theisen c, Lector: Jim Scholz, Servers: Evan Welle, Ushers: Frank & Joyce Koopmeiners, Gift Bearers: Herb & Sharon Wielenberg, Sacristan: Judy Theisen	
10:00 a.m. St. Mary	† Leo & Catherine Hartung ~ Pat & Lisa Zabinski	EM of HC: LeAnn Beneke, Cindy Koehn c, Lisa Zabinski c, Lector: Kim Koehn, Servers: Anne Ripplinger & Emily Ripplinger, Ushers: Nathan Ripplinger & Matt Ripplinger, Greeters: Matt & Rhonda Ripplinger, Gift Bearers: Jamie & Jenny Leners, Bank Deposit: Nathan Ripplinger	
Monday, 9/7			Adoration 2nd Tuesdays: St. Francis 8am -7pm Thursdays: St. Mary's 12 noon - 9 pm First Fridays: St. Edward's 12 noon -9 pm
6:30 p.m. St. Mary	Rosary & Chaplet of Divine Mercy (No Mass)		
Tuesday, 9/8	<i>Nativity of the Blessed Virgin Mary</i>		
6:00 p.m. St. Mary	† Lorraine Frie		
Wednesday, 9/9	<i>St. Peter Claver, Priest</i>		
8:00 a.m. St. Francis	† Ethan Gerads ~ Joanne Gerads		
Thursday, 9/10			
8:00 a.m. St. Edward	† Julie Scegura	Pray for us: Pat Euteneuer, Roger Thell, Kristy Brezinka, Carol Langner, Judy Gerads, Millie Gerads, Marlene Vornbrock, Jim Koczur, Gary Larson, Helen Heisick, Geraldine George, Kevin Lampert, William Hill, Pat Harren, Devota Nilson, Rosemary Pundsack, Ron Schmidt, Dave Hollenkamp, Shailyn Welinski, Bob Blonigen, Eleanor Tschida, Ken Welle, Leonard & Eileen Koroll, Linda Strom, Andy Langner, Christine Wuebkers, Jerry Pohlmann & Renee Wensmann	
Friday, 9/11			
7:30 a.m. St. Mary	† Connie Harren		
 The Feast of St. Cloud is on September 7th Pray for us St. Cloud! Image by Placid Stuckenscheider OSB			
Saturday 9/12		Twenty-Fourth Sunday in Ordinary Time	
4:00 p.m. St. Edward	For the People	EM of HC: Jerry Theisen, Jackie Oldakowski c Derek Biniek c, Lector: Karla Schneider, Servers: Jasmyn Oldakowski, Ushers: Gerard Oldakowski Jr. & Greg Larson, Greeters: Raymond Kokott, Gift Bearers: Dean & Jackie Wolbeck	
Sunday 9/13			
8:00 a.m. St. Francis	† Roman, Aurelia & Jim Sundermann ~ Jane Keppers	EM of HC: Brittany Harren, Colleen Harren c, Syl Tschida c, Lector: Jane Keppers, Servers: Emmalyn, Carter & Brayden Harren, Ushers: Frank & Joyce Koopmeiners, Gift Bearers: Lloyd & Judy Lashinski, Sacristan: Syl Tschida	
10:00 a.m. St. Mary	† Phyllis Vornbrock ~ Marlene Vornbrock	EM of HC: Chantelle Frie, Renee Scholz c, Jon Leither c, Lector: Mary Hollenkamp, Servers: Lilli Leither, Ushers: Darren Lange & Mitch Lange, Greeters: Jerome & Theresa Ludwig, Gift Bearers: Elmer Frie & Mary Frie, Bank Deposit: Marvin Wensmann	

The Parish Office will be closed on Monday, September 7th for Labor Day. Blessings to you!

Religious Education

K-6: Beth Lange- bethlange83@gmail.com (320) 630-8390

7-10: Randi Klasen randiklasen@gmail.com (320) 493-5624

Confirmation: Bob Vouk 249-3398, Jenny Revermann 249-9938

Katie Urbanski: confirmation@tworiverscatholic.com

Faith Formation Teachers Needed.

K-6th grade meets with teachers once a month and 7-10th grade meets 20 times total for an hour. **If you would like to volunteer please call Beth or Randi. Thank you!**

Upcoming Opening Mass:

September 16th at 7:00 p.m. St. Mary's, Upsala

K-10 grade arrive by class will be at 6:30 p.m.

Confirmation Opening Mass:

September 9th at 6:30 p.m. in Arban (From Upsala: Go to Holdingford, go South on 9, (L) on 400th St., (R) on 165th Ave, then continue straight until you see the steps and altar of the old Arban Church on the right. In case of rain Mass will be at All Saints-St. Hedwig's..

Youth Group

Our next gathering is on Sunday, September 13th at St. Francis. Mass at 8:00 a.m. and gathering to follow from 9:00 a.m. to 1:00 p.m.

Youth Food Stand

A huge THANK YOU to everyone who helped make the Youth Food Stand fundraiser at Upsala, Heritage Days a big success! Thank to all the donors, the great group of youth and adults who worked that weekend and especially to everyone who came out to support us! We fed a huge crowd and everyone worked so well together and enjoyed each other's company!

Natural Family Planning The class is approximately 1½ to 2 hours long. *Note: Most insurance plans cover the cost of NFP Instruction and follow-up!

Alexandria on Monday, Sept. 21st & Oct. 19th at 6:30 p.m. at St. Mary's Church. Contact Jill and Isaac Uphus uphus.nfp@gmail.com or (320) 290-8751.

Little Falls on Tuesday, Sept. 1st & Oct. 6th at 7:30 p.m. at the NFP Office in the Unity Specialty Center of St. Gabriel's Hospital. Contact Mary Bontjes at bontjesmary@yahoo.com or call the Little Falls NFP Office at (320) 631-5660.

Sauk Centre on Thursday, Sept. 17th & Oct. 15th at 6:30 p.m. at St. Paul's Church or CentraCare Health – Sauk Centre Hospital. Contact Jill and Isaac Uphus at uphus.nfp@gmail.com or (320) 290-8751.

St. Cloud on Monday, Sept. 21st & Thursday, Oct. 22nd at 6:30 p.m. at the Office of Marriage & Family. Contact Sheila Reineke at omf@gw.stcdio.org or (320) 258-7609.

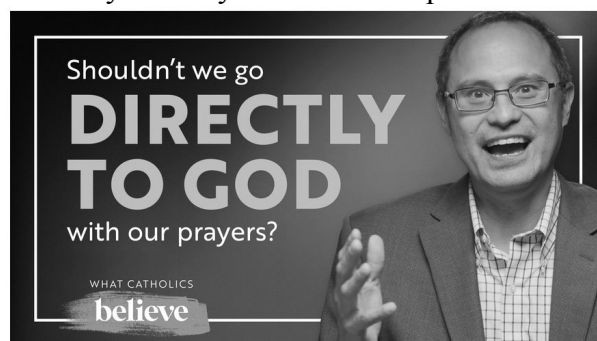
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Follow along with a discussion about the birthday of Mary. Celebrated Sept. 8th.



What Catholics believe about Mary: her Immaculate Conception and her virginity. Why do Catholics pray to Mary?



Watch this beautiful film portraying the life of Mary. What would it have been like to have known the Mother of God?

WEEKEND COLLECTION 8/30/2026

St. Edward: Adults: \$792, Loose: \$351,

Total: \$1,143

St. Francis: Adult: \$400, Loose: \$280, Votive: \$86.60, Bazaar: \$40, Candles: \$90,

Total: \$896.60

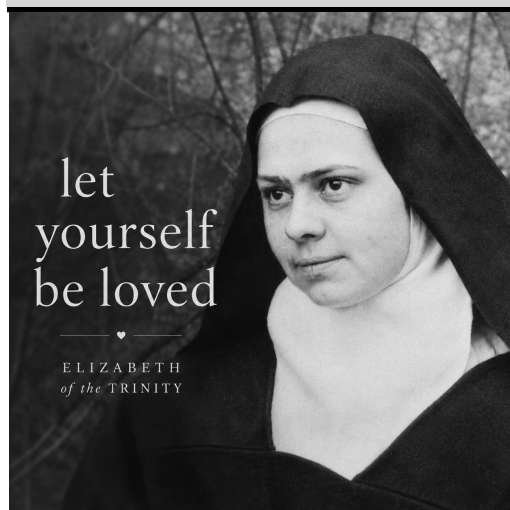
St. Mary: Adults: \$1,139, Loose: \$728,

Total: \$1,867



Knights of Columbus
St. Gregory Council
Grand Knight: Jeff Czech

Next Meeting: Tuesday, September 8th, 8:00 p.m. at St. Edward, Elmdale.



Let Yourself Be Loved: A Morning of Reflection: Tuesday, Sept. 15th, 9-11:30 a.m.

What if you stopped striving and simply allowed yourself to receive God's love?

Join us for a morning of reflection inspired by St. Elizabeth of the Trinity and her simple, yet profound invitation: **"Let yourself be loved."** Through reflections led by Kristin Molitor, along with time for individual reflection and small-group sharing, we'll explore what it means to rest in the truth that we are already known, cherished, and loved by God.

Gathering Barn of Avon: 35204 County Road 155, Avon, Minnesota 56310. Time 9-11:30 a.m.

Cost: \$20 Light refreshments and handouts will be provided. Please bring a journal for individual reflection. Contact: 237-2241 or kristinmolitorministries@gmail.com

"Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation." Psalm 95:1-2

"Make Me an Instrument of Your Peace" is the theme of the Annual Fall Conference of the St. Cloud Diocesan Council of Catholic Women to be held Saturday, September 19th at Holy Family Parish in Belle Prairie. Registration begins at 8:30 a.m., followed by the business meeting at 9:00 and Fr. Tim Tran at 9:45. Mass will be celebrated at 11 a.m., followed by lunch and "Servant of All" - a documentary film on the life of Archbishop Fulton J. Sheen. Fee is \$25 by Sept. 10; or \$30 after the 10th or at the door. Plan to attend and invite a friend. Contact Nita Hayes @ (320) 630-0388.

Charism Bootcamp: Sept. 25th at the Gathering Barn (35204 County Road 155, Avon) This is a fun evening for women hosted by the Molitor sisters to discover the unique gifts God has given you and how He may be calling you to use them. (Time: 7-9 p.m.) Guest Speaker, Kristen Molitor will help us better understand charisms, the personal, supernatural graces we receive at Baptism, and how they can be lived out in our everyday lives. Families, parishes, workplaces, and communities. Take the Charism assessment before the event: <https://www.manypartsministries.com/product/charism-assessment>. Then register for the event: <https://tinyurl.com/dat3wbap> or call Kristin at 237-2241 or kristinmolitorministries@gmail.com. Cost: \$20.

Central Minnesota Koinonia

IS THE LIGHT OF CHRIST IN YOU? Are you looking for that light? Join us on this weekend retreat that commemorates the Paschal Mystery on September 18th-20th at the TEC Center north of Little Falls. Cost of the weekend is \$70. Go to www.centralmnkoinonia.org for more information and to register.

Call for Artists!

The Art of Conversation Gallery in Upsala is accepting submissions of family friendly photos for the Sept.-Nov. Show. Send submissions to anne_fan74@hotmail.com. (Submissions will be accepted through both months). Gallery hours: Friday: 8-10 a.m., 4-6 p.m., Saturday: 10 a.m. - Noon, and Sunday: Noon to 4 p.m.

Save the date: Upsala School Carnival: Saturday, October 3rd, 4-7 p.m.

The Stearns County Household Hazardous Waste

Clean up time? Bring your old paints fluorescent bulbs, garden chemicals, etc. on Wednesday September 30th from 10am to 5pm in the St. Francis Church parking lot. Please keep in mind the material we can accept at our mobile events is more limited than what we may accept at our Facility in Waite Park. For more information contact: Michael Rogers (320)257-8607.

Join Fr. Greg Paffel for the Healing the Whole Person Retreat

St. Stanislaus Kostka Church (428 Main Street, Bowlus) Friday, Oct. 23rd (2 p.m. to 9 p.m.), Saturday, Oct. 24th (9 a.m. to 3:30 p.m.) & Sunday, Oct. 25th (10 a.m. Mass until 4:30 p.m.) \$75 before Oct. 13th then \$100. To register contact Janice: healing@spiritandsaints.org.