

Minnesota's Proposed Assisted Suicide Bill Consider the full impact: *Being a financial burden on loved ones is the number one reason people seek assisted suicide. *Providers would be required to offer assisted suicide as a standard treatment option even if a patient has never considered or requested it. *This would erode doctor-patient relationships-Doctors pledge to uphold the utmost respect for human life and people expect physicians to help them. Visit: The Minnesota Alliance for Ethical Healthcare: info@ethicalcaremn.org. Please oppose the Minnesota End-of-Life Option Act (HF 1930/SF 1813.)

Fish Fry

Support the Holdingford, St. Anna & St. Wendel Students going to Steubenville! Friday, March 15th from 5-8:00 p.m. at the Pelican Lake Ballroom, St. Anna.

Rural Catholic Young Adult Group: March 16th

Join us for prayer, topical information, discussions, and social activities for people ages 18 - 30 who are looking to socialize with other young adults. We meet at 7:00 p.m. on 3rd Saturdays at All Saints-St. Mary's Church basement, Holdingford. Contact: Katie 423-2203 or Marissa 630-2433.

Pack the Porches: March 22nd

Give back at our 14th Annual Food Drive to benefit Catholic Charities Emergency Services Food Shelf. Bring food items to Pioneer Place (22 5th Ave. S. St. Cloud or St. Cloud Financial Credit Union (1716 Pinecone Road S. Sartell Coborn's will match all food and fund donations up to \$13,000! Visit www.ccstcloud.org/packtheporches. * **Please note: we are also collecting food and personal items at St. Mary's, Upsala to help others who are in need. A table is set up in the entry at St. Mary's.**

2024

SYNOD LISTENING SESSIONS

with Bishop Patrick Neary, C.S.C.

SCAN THE QR CODE TO REGISTER FOR A SESSIONS

Bishop Patrick Neary would like us to engage in 'synodality' -a process of encountering, listening to, and walking with one another "that is rooted in the life and ministry of Jesus". Please take part and sign up for an in-person listening session on Sat., March 9th at Immaculate Conception, Rice or March 23rd at Our Lady of Victory, Fergus Falls. Both sessions (9:30 a.m. - 1:00 p.m.). Two Zoom sessions are also available: Mon, March 11th or Wed., March 13th from 7-9:30 p.m.

Lenten Campaign- 40 Days for Life: Feb. 14th – Mar. 24th Join us for prayer, fasting & peaceful witness! We come together at Planned Parenthood (451 E. St. Germain, St. Cloud) to pray for the safety of all unborn babies and their mothers as well as for the conversion of all who participate in the abortion industry. Please consider spending an hour in prayer with your fellow parishioners on Thursday afternoons from 1-7:00 p.m. as part of your Lenten sacrifice. To sign up or get more information, please call Marilou Sommers (320) 247-9838. We need your participation! We need 2 people every hour! **The closing rally** will take place on Sat., March 23rd, with speaker Jason Adkins, executive director of the Minnesota Catholic Conference. Visit: <https://stcdio.org/respect-life/forty-days-life/>.

SKYWARN

Spotter training will be held 2-4pm Sunday, March 17, at St. Mary's. Spotters are not 'storm chasers'; safety is a primary concern. Pre-registration is not necessary but preferred; to pre-register contact Tom Kilian at MorrisonCoSkywarn@yahoo.com

Bishop's Annual Appeal

The Appeal supports ministries that benefit you, your family and your greater parish community. Give today www.stcdio.org/annualappeal.

Knights of Columbus St. Gregory Council

Grand Knight Jeff Czech (320) 630-2753
40 Hour Devotion Adoration: March 14th – 16th: The Knights will be helping Holy Trinity, Royalton to fill in Adoration hours from 10:00 p.m. on March 14th through 6:00 a.m. on March 15th. If you can pray an hour contact Jeff.

Annual KC Breakfast/Raffle: March 24th
 We are serving from 9:00 a.m. to 12:30 p.m. Raffle at noon. Tickets available from Jeff or Jim (320) 360-2798 Help is needed in the kitchen, dining, raffle tickets and free will table. Let Jeff know if you can help out and where.

St. Otto's Bingo Save the date for April 16th at 1:30 p.m. More to come.

Free Throw Contest

Cody Johnson & Morgan Ripplinger will be competing in the state competition on April 6th. Congratulations!

THE CATHOLIC COMMUNITY OF Elmdale, Upsala and St. Francis : MARY & THE SAINTS ACC

Parish Office
 308 South Main St., P.O. Box 249
 Upsala, MN 56384
238catholic@sytekcom.com
 320 573 2132



St. Edward's, Elmdale
St. Mary's, Upsala
St. Francis of Assisi, St. Francis

Pastor: Fr. Jimmy Joseph
 (320) 573-2975 : triparishcom@gmail.com

Sister Mary Pat Burger :
 St. Francis Rectory: (320) 573-2203

PARISH OFFICE:
 308 South Main Street,
 P.O. Box 249, Upsala, MN 56384
 (320) 573-2132 : 238catholic@sytekcom.com
 Website: www.238catholic.org

Bookkeeper: Randi Klasen
 Hours: Tues. & Thurs. 8 am - 12 noon
Office Secretary: Jessie Johnson
 Hours: Mon., Wed., Fri., 8 am.- 4pM
 Please update the office if your phone or address changes.

RECONCILIATION SCHEDULE
 Saturday: St. Francis: 3:30 pm - 3:45 pm
 Sunday: St. Mary: 7:30 am - 7:45 am
 St. Mary: 9:30 am - 9:45 am

PRAYER LINES
 Karen Liebsch 573-4127 & Kathy Koehn 573-2363 (SM)
 Judy Theisen 573-2933 & Joyce Koopmeiners 573-2728(SF)
 Sally Schleper 573-2127 (SE)

MINISTRY TO THE SICK & HOMEBOUND
 Holy Communion can be brought to you or a loved one at home. Please contact the Central Office if needed.

SACRAMENT OF MARRIAGE
 Couples need to begin preparations with Fr. Jimmy nine months in advance and must call him before setting the marriage date.

SACRAMENT OF BAPTISM
 Contact the office before the desired date.

ACC Lenten Penance Service
March 10th from 2-4:00 p.m. at St. Mary's, Upsala
"Confession heals, confession justifies, confession grants pardon of sin. All hope consists in confession. In confession there is a chance for mercy. Believe it firmly, do not doubt, do not hesitate, never despair of the mercy of God."
 ~St. Isidore of Seville

How to make a good Confession
 It is important to sincerely evaluate our lives before every confession, whether it has been a while before the last confession or if you attend the sacrament regularly.
Has God been number one in your life?
 You need to evaluate if God is your priority. If He's not, that's the first thing you need to admit.

Acknowledge your sin.
 Sin is not a mistake or an accident; it is knowing what God wants for you but freely deciding to do something else. Ask yourself: when and how have I rejected God's plan for me?
Examination of conscience.

Make an examination according to your age and vocation. It is also useful to follow these steps for a deeper evaluation:
 1. Pray the litany of humility. It is a great prayer to understand your wounds and an opportunity to acknowledge that only God can fulfill your life.
 2. Listen to what Jesus said. The Beatitudes are a great place to start. Do I strive for peace? Am I meek? Am I merciful?
 3. Examine yourself. St. Ignatius of Loyola came up with a series of steps for a daily examination. This will help you re-evaluate your intentions and to acknowledge the times when you turned away from God's way. **Steps for the Daily Examen:** Recalling God's presence, expressing thankfulness, looking back on your day, asking for forgiveness & resolving to grow. For more information:

<https://www.ewtn.com/catholicism/library/guide-to-the-sacrament-of-penance-3730> or <https://www.usccb.org/resources/Bulletin-Insert-Penance-ENG.pdf>

The Fourth Sunday of Lent

March 10, 2024

Weekend Masses: The Fourth Sunday in Lent		
Saturday 3/9		<i>St. Francis of Rome, Religious</i>
4:00 p.m. St. Francis	For the People	EM of HC: Rosanne Voss, Alice Westrich c, Colleen Harren c, Lector: Jane Keppers, Servers: Volunteers, Ushers: Mark Moorman & Syl Tschida, Gifts: Isidore & Beverly Schmitz
Sunday 3/10		
8:00 a.m. St. Mary (SE)	† Len & Bea Fosler	EM of HC: Ted Lewandowki, Jim Wensmann c, Julie Wensmann c, Lector: Adeline Molus, Servers: Volunteers, Ushers: Bob Brezinka & Ralph Schleper, Greeters: Raymond Kokett Gifts: Jim & Dorene Czeck
10:00 a.m. St. Mary	† Virgil Burg	EM of HC: Christine Weber, Cindy Koehn c, Jon Leither c, Lector: Mary Hollenkamp, Servers: Alayna Weber & Lauryn Weber, Ushers: Patrick & Lisa Zabinski Greeters: Mikel & Julie Nelson, Gifts: Andy & Linda Langner, Bank Deposit: Judy Michels



ACC Lenten Penance Service
St. Mary's, Upsala 2-4:00 p.m.

Weekday Masses		
Monday 3/11		
No Mass		
Tuesday 3/12		
6:00 p.m. St. Mary *Stations 6:30 p.m.	† Deceased Members of the Charles & Loretta Gerads Family	
Wednesday 3/13		
8:00 a.m. St. Francis	† Don Herzog ~St. Francis Men's Society	
Thursday 3/14		
8:00 a.m. St. Francis *Stations 8:30 a.m.	† David Koroll	
Friday 3/15		
7:30 a.m. St. Mary *Stations 8:00 a.m.	† Donna Mae Scholz	



Adoration
2nd Tuesdays:
St. Francis 8am -7pm
Thursdays:
St. Mary's 12 - 9 pm.

Pray for us:
Raymond Kurowski, Florence Kurowski, Margaret Carlson, Ken & Pat Euteneuer, Jim Negen, Ron Dingmann, Kristy Brezinka, Kathy Hennek, Carol Langner, Judy Gerads, Rose Binek, Marlene Vornbrock, Roger Thell, Alan Schumer, Gary Larson, Helen Heisick, Geraldine George & Jim Koczur

Weekend Masses: The Fifth Sunday of Lent		
Saturday 3/16		
4:00 p.m. St. Francis	† Joseph & Mary Gerads ~Evelyn Loenikar	EM of HC: Brittany Harren, Janelle Roerick c, Chris Fuchs c, Lector: MJ Boeckermann, Servers: Volunteers, Ushers: Mark Moorman & Syl Tschida Gifts: Herb & Sharon Wielenberg
Sunday 3/17		
8:00 a.m. St. Mary (SE)	For the People	EM of HC: Peggy Frieler, Jim Bartkowicz c, JoanTheisen c, Lector: Mike Heisick, Servers: Volunteers, Ushers: Jeron Wensmann & Jim Czeck, Greeters: Volunteers, Gifts: Kris & Robyn Bartkowicz
10:00 a.m. St. Mary	† Michael Zabinski ~Pat & Lixa Zabinski	EM of HC: Chantelle Frie, Renee Scholz c, Dave Scholz c, Lector: Kim Koehn, Servers: Emily Ripplinger Ushers: Darren Lange & Mitch Lange, Greeters: Matt & Ronda Ripplinger, Gifts: Nathan & Laura Ripplinger, Bank Deposit: Marvin Wensmann

All Cluster News

Faith Formation:

March 13th

K-6: Home Lesson
God's Covenant with Moses
7-10 & Conf: Class 7-8:30 p.m.

Pray the Rosary!

St. Mary's, Every Monday at 6:30 p.m. The rosary should be said with faith-for our Blessed Lord said, 'Believe that you shall receive; and they shall come unto you.' ~St. Louis De Monforte

Rosary Walk for Life

Everyone is welcome to join in at All Saints-St. Mary's to pray the Rosary outside and inside church for life. Tuesdays, March 12th and 19th at 4-5:00 p.m.

February

ONLINE CONTRIBUTIONS

St. Edward: \$160.00

St. Francis: \$405.00

St. Mary: \$590.00

Sign-up for Online Contributions by filling out a form on our website or by contacting the Parish Office to have a form mailed or emailed to you. Thank you!

WEEKEND COLLECTION

March 3, 2024

St. Edward: Adult: \$1,142 Loose:

\$222, Fire Fund: \$753, Easter

Flowers: \$95, **Total: \$2,212**

St. Francis: Adult: \$530, Loose:

\$54, Funeral Lunch: \$50, Central

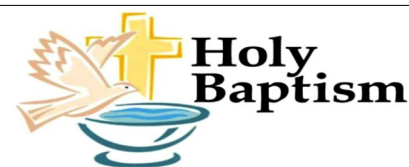
MN Catholic: \$145, Easter

Flowers: \$45 **Total: \$824**

St. Mary: Adult: \$1,839, Loose:

\$277.25, Funeral Lunch: \$20, Easter

Flowers: \$80, **Total: \$2,216.25**



Luka Allen Bauer
Son of Jonathan & Sara
March 10, 2024
St. Francis of Assisi



**Need
some
direction
in your
life?**

You are invited to attend our '**Journey with Jesus to Calvary**' performance at St. Francis of Assisi Church (44055 State Hwy 238, Freeport MN 56331). We invite you to meet, share, and perhaps cry with several "companions" that encountered Jesus along the road to Calvary. Place yourself in their shoes and experience Holy Week in a new light.

Performance dates are:

Wed., March 20th at 7:00 p.m.

Fri., March 22nd at 7:30 p.m.

Sat., March 23rd at 7:30 p.m.

Sun., March 24th at 1:00 p.m.

Feet Washing

We are looking for volunteers to have their feet washed on Holy Thursday for both 6:00 p.m. at St Marys & 8:00 p.m. St Francis. Call Kathy Thell 320-293-7485.

SMELT &
FISH FRY

St. Mary's Church, Upsala

CASH RAFFLE
DRAWING AT 7:30

FRIDAY, MARCH 22, 4-8PM

WORLD FAMOUS HALUSKI & POTATO SALAD

"Best Smelt & Fish in Central MN"

Adults \$15	Eat with us, then see the play <i>Journey with Jesus to Calvary</i> in St. Francis at 7:30!
Ages 5-12 \$8	
4 & under Free	

Dine-in or Carry-out

St. Francis' News

Journey with Jesus Rehearsal

There will be a full-dress rehearsal on Saturday, March 9th at 10:00 a.m. Please try to be there by 9:30 a.m. to get your costume on so we can start at 10:00 a.m. If you could not make the costume fitting on March 2nd call Bob 573-2933 to set a time to get fitted. There is time to still be a part of this year's performance.

St. Edward's News

Wedding BANNERS III



Dylan Van Wienen &
Decorah Meyer-Iverson

St. Edward's, March 16, 2024
(Wedding at St. Mary's, Upsala)

Spaghetti Supper & Raffle

We are seeking donations for the Fire Restoration Cash Raffle to be held on April 26th. If you are interested in making a donation towards the raffle as cash or other prizes, please contact Ted Lewandowski at (320) 293-1508 before March 5th. We are also seeking items for the Silent Auction which can be brought in to the Parish Office. Thank you!

St. Mary's News

Food Share Month

Through your generous donations we will be able to help provide nutritional needs for people within our communities. There will be boxes in the gathering space to donated food as well as personal hygiene items through March 24th. Please consider helping others in need. If you wish to make a financial donation, drop it in the collection baskets on Sunday or in the Parish Office. Please mark the envelope for Food Share. Your support is greatly appreciated.

St. Mary's Fish Fry and Raffle

St. Mary's Parishioners: We need your help! Preparation day for the fish fry is Thursday, March 21st, starting at 4:00 p.m. Take a shift on fish fry day! Shifts are 4-6:30 p.m. and 6:30-9:00 p.m. To sign-up, please call or text Laura Ripplinger (320.333.9184) or put your name on the sign-up sheet on the kiosk in the gathering area of our church. We would also like each family to bring a pan of bars or cookies (on that Thursday or Friday). The raffle tickets are going fast! To purchase one, please visit the parish office, Nelson Insurance, or buy one after 10:00 a.m. Mass on Sundays. \$100 each. Thank you!