

Elmdale, Upsala and St. Francis: Mary & the Saints ACC



Saint Edward
Saint Mary
Saint Francis of Assisi



Pastor: Fr. Virgil Helmin

(320) 293-6220

vhelmin@gmail.com

Parish Office: St. Mary's Church

308 S. Main Street P.O. Box 249

Upsala, MN 56384

(320) 573-2132

Email: 238catholic@sytekcom.com

Website: 238catholic.org

Bookkeeper: Randi Klasen

Tuesday & Thursday 8 a.m. - Noon

Secretary: Jessie Johnson

Monday & Friday 8 a.m. - 4 p.m.

Wednesday: 8 a.m. - Noon

Reconciliation: Confessions are 1/2

before all Masses. See Mass

Schedule.

Prayer Lines:

SM: Karen Liebsch 573-4127

Kathy Koehn 573-2363

SF: Judy Theisen 573-2933

Joyce Koopmeiners 573-2728

SE: Sally Schleper 573-2127

Sick & Homebound Ministry:

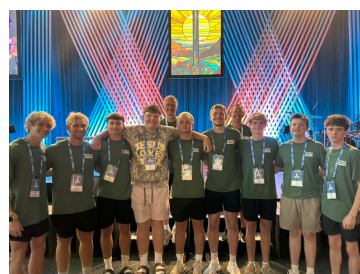
Contact the Parish Office if you need Holy Communion or Anointing for you or a loved one.

Marriage: Couples need to begin preparations with our pastor nine months in advance.

Baptism & Marriage: Contact the office before setting a date.



Steubenville
2026!
Pray for our
Youth!



The Nineteenth Sunday in Ordinary Time

August 9, 2026

Ministry Schedule

Saturday 8/8		Nineteenth Sunday in Ordinary Time
4:00 p.m. St. Edward	Living & deceased members of the Hartung & Wensmann Family ~Greg & Renee Wensmann	EM of HC: Julie Wensmann, Jim Wensmann c, Jerry Theisen c, Lector: Jeff Czech, Servers: Bethany Hartung & Jacob Hartung, Ushers: Jeron Wensmann & Jim Czech, Greeters: Raymond Kokott, Gift Bearers: Jim & Lora Bartkowiec
Sunday 8/9		
8:00 a.m. St. Francis	† Rita Feldewerd	EM of HC: Brittany Harren, Colleen Harren c, Syl Tschida c, Lector: Jim Scholz, Servers: Emmalyn, Carter & Brayden Harren, Ushers: Bob Theisen & Craig Voss, Gift Bearers: Dan & Sara Roerick, Sacristan: Jeanette Gerads
10:00 a.m. St. Mary	For the People	EM of HC: Chantelle Frie, Lisa Zabinski c, Mike Klasen c, Lector: Mary Hollenkamp, Servers: Alayna Weber & Lauryn Weber, Ushers: Darren Lange & Mitch Lange, Greeters: Nathan & Laura Ripplinger, Gift Bearers: Mikel & Julie Nelson, Bank Deposit: Judy Michels

Monday, 8/10	
6:30 p.m. St. Mary	Rosary & Chaplet of Divine Mercy (No Mass)
Tuesday, 8/11	<i>St. Clare, Virgin</i>
6:00 p.m. St. Mary	† Jerome Beddow
Wednesday, 8/12	<i>St. Jane Frances de Chantal, Religious</i>
8:00 a.m. St. Francis	† Melvin Pundsack
Thursday, 8/13	<i>Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs</i>
No Mass	
Friday, 8/14	<i>St. Maximilian Kolbe, Priest and Martyr</i>
7:30 a.m. St. Mary	† Joe, Elaine & Mark Schumer



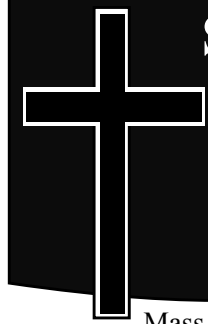
Adoration
2nd Tuesdays:
 St. Francis 8am -7pm
Thursdays:
 St. Mary's 12 noon - 9 pm
First Fridays:
 St. Edward's 12 noon -9 pm

Pray for us: Pat Euteneuer, Roger Thell, Kristy Brezinka, Carol Langner, Judy Gerads, Millie Gerads, Marlene Vornbrock, Jim Koczur, Gary Larson, Helen Heisick, Geraldine George, Kevin Lampert, William Hill, Pat Harren, Devota Nilson, Rosemary Pundsack, Ron Schmidt, Dave Hollenkamp, Shailyn Welinski, Bob Blonigen, Eleanor Tschida, Ken Welle, Leonard & Eileen Koroll, Linda Strom Andy Langner & Christine Wuebkers

Take courage, it is I; do not be afraid. Mt. 14:22

Saturday 8/15		Twentieth Sunday in Ordinary Time
4:00 p.m. St. Edward	† Don Maciej ~ Jeanette Maciej	EM of HC: Jim Wensmann, Julie Wensmann c, Karla Schneider c, Lector: Bill Boser, Servers: Bethany Hartung & Jacob Hartung, Ushers: John Kokett & Raymond Kokett, Gift Bearers: Brian & Tracey Hartung
Sunday 8/16		
8:00 a.m. St. Francis	For the People	EM of HC: Joyce Koopmeiners, Rosanne Voss c, Alice Westrich c, Lector: Mary Jane Boeckermann, Servers: Evan Welle, Ushers: Bob Theisen & Craig Voss, Gift Bearers: Bob & Sharon Thell, Sacristan: Joyce Koopmeiners
10:00 a.m. St. Mary	† Connie Harren	EM of HC: LeAnne Beneke, Renee Scholz, c, Jon Leither c, Lector: Chantelle Frie, Servers: Lilli Leither, Ushers: Tom Kilian & Mary Frie, Greeters: Randy & Jane Tretter, Gift Bearers: Jamie & Jenny Leners, Bank Deposit: Marvin Wensmann

On Sunday August 23rd Mass will change for the St. Francis Fall Festival: St. Mary's, Upsala will be at 8:00 a.m. and St. Francis will be at 10:00 a.m. Please come and enjoy the Festival!



St. Francis of Assisi

70th Annual Fall Festival

Sunday, August 23, 2026

Mass at 10:00 a.m. in our air-conditioned church
Music led by LaVerne and the Starlites

After Mass, join us for a homemade Roast Beef dinner
with all the fixings starting at 11:00 a.m.

Silent Auction throughout the day.

Grand Raffle at 7:00 p.m.

100+ prizes!

Live Music all day by LaVerne and the Starlites &
the Eagle Valley Playboys

*Food Stand	*Country Store
*Kids Games	*Cake Walk
*Bingo	*Fried Bread
*Straw Stand	*Fancyworks
* Pull Tabs.	*and more!

Fun for the whole family!

Proceeds will go for new lawn & snow removal equipment

St. Francis is located 10 miles north of Albany or 25 miles Southwest of Little Falls on Hwy 238

Thank you for your generous support of the teens who attended the Steubenville Youth Conference!

We are deeply grateful to everyone who helped make this experience possible: those who coordinated fundraisers, attended fundraising events, made direct donations, prepared meals for us, sent food along for the journey, and most importantly, prayed for us. A special thank-you to those who committed to one or more of the 79 prayer slots, surrounding us in prayer throughout the entire weekend. Your support and prayers meant more than you know! Through inspiring speakers, the Sacrament of Reconciliation, Mass, Eucharistic Adoration, small group discussions, and the fellowship of the Church community, we encountered Christ in powerful ways. We were reminded that our worth is found in Him, and that He alone is worthy of all praise and glory. Thank you for helping make this life-changing experience possible. We are incredibly grateful for each and every one of you! **THANK YOU!**

“Go outside and stand on the mountain before the Lord; the Lord will be passing by.”...After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

~1 Kings 19:11

Help Wanted!

Faith Formation teachers needed. Students meet with the teachers once a month and there is a lot of teacher support within the program. Let's grow in our faith together! If you would like to volunteer please call the Parish Office. If you have a child that is entering kindergarten call Beth Lange 630-8390. Thank you! Registration forms are available on our website and in the entry of our churches.

St. Francis' News

St Francis Festival : Sunday, August 23rd **Silent Auction items needed**

If you have items you would like to donate to the Silent Auction please contact: Rosanne 248-8910, Jane 232-3290 or Carol 290-9790.

Fancy Work Stand

Donations for the Fancy Work Stand are always welcomed. We do ask that they be handmade. Please leave in the church labeled and call Rosie (320) 836-2457 to let her know they are there. Thank you!

Bazaar worksheets and raffle tickets are ready to be picked up and can be found in the back of church. If you would like more raffle tickets please call Kelly Wiechman at (320) 241-8203 or stop by the Parish Office. Please note: there is a misprint on the worksheet about the price of the quilt raffle chances. They are **\$3 a ticket**, not \$2. Thanks!

Church Cleaning

Monday, August 10th at 6:00 p.m. Join us for our church cleaning for the Fall Festival .

May Eternal Rest be granted to:



Melvin Gerads
Passed to Eternal Life: Aug. 5, 2026
Funeral: August 13, 2026
St. Mary's, Upsala

WEEKEND COLLECTION 8/2/2026

St. Edward: Adults: \$1,785, Loose: \$266,

Total: \$2,051

St. Francis: Adult: \$553, Loose: \$181,

Assumption: \$20, **Total: \$754**

St. Mary: Adults: \$1,137, Loose: \$529, **Total:**

\$1,666



Knights of Columbus
St. Gregory Council
Grand Knight: Jeff Czech

Heritage Day Float: Sunday,
August 8th. (Correction)

VA Escorts: Sunday, August 30th.

Holy Family Mini Fest: Aug. 13th-16th

Come experience the beauty and wonder of God alongside fellow Catholics at the historical Holy Family Catholic Church and Belle Prairie Park along the Mississippi River just north of Little Falls. This is a family weekend with activities planned for the entire family of every age. Included: continental breakfast, guest speakers, quality activities, entertainment, prayer & opportunity to receive the sacraments. Family Registration is \$300. Contact Kimberly (320) 247-2293 or www.holyfamilyland.org.

Central Minnesota Koinonia

Faith as small as a mustard seed can move mountains. Are you climbing a mountain in your life right now? Join us on this weekend retreat that commemorates the Paschal Mystery on September 18th-20th at the TEC Center north of Little Falls. Cost of the weekend is \$70. Go to www.centralmnkoinonia.org for more information and to register.

Organist/Singer/Pianist needed

Thank you to Karen Becker for her ministry as the choir director for St. Francis of Assisi. She will be stepping down and we are looking to fill this paid position. Please call the Parish Office if interested.

Please note: The Ministry schedule was only printed single instead of double sided. You can view the complete schedule on our website, on our bulletin boards or in the Sacristy. Those affected were mailed a new schedule. Thank you!



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Pacem in Terris

- 3 day weekday retreat - August 26, 27, & 28, 2026
- Check-in and orientation starts at 11am on Wednesday, August 26.
- Retreat concludes at 5pm on Friday, August 28.
- Pacem in Terris - 26399 State Hwy 47, Isanti, MN 55040
- Two registration options- register by August 3 for early bird price!
- Full retreat - two nights & three days, signature Pacem food basket, workbook, 4 meals, and videos - \$375.00. *Starting August 4 registration will be \$425.00*
- Commuter option (no overnight stay) - workbook, 4 meals, and video - \$100.00. *Starting August 4 registration will be \$150.00*
- Limited spaces available!

If you have any questions about the retreat, contact Janice at (320) 640-7623 or at healing@spiritandsaints.org

Registration can also be done at: <https://forms.gle/NZkuqkG6xUnXy4mw7>

Journey with St. Francis: Thursday, August 13th

Everyone is welcome to participate in the mini pilgrimage at the Franciscan Sisters Campus, (116 8th Ave. SE, Little Falls, MN) on Thursday, August 13th. Registration at 8:30 a.m., then get a tour and history of Franciscans from 9 - 10:30 a.m., followed by Mass at 11 a.m. Stay and have lunch with the Sisters at noon and continue your visit. There is no fee but pre-registration is required. Call Linda Borgerding at (320) 293-1839 to register. Sponsored by St. Cloud Diocesan Council of Catholic Women. (no bus, carpooling encouraged).

Rural Life Celebration: Aug. 16th Event begins with 1:30 p.m. Mass with Bishop Patrick Neary. Presentation of Catholic Century Farm & Rural Business Awards to follow. (38153 431st St. Perham, MN 56575)